



**Our flexible and inclusive benefits will help you thrive. From physical health to emotional well-being to helping you build your financial future, our programs support you. No matter where you are or who you are, you'll find benefits to meet your needs.**

Want to learn a little more about our benefit plans and programs? Use the menu to get to know our benefits a little better.

YOUR HEALTH AND WELLNESS	YOUR FINANCIAL WELLNESS	YOUR INCOME PROTECTION	YOUR ADDITIONAL BENEFITS
<a href="#">Medical</a>	<a href="#">Flexible Spending Accounts</a>	<a href="#">Short-term Disability (Salary Continuation)</a>	<a href="#">Bright Horizons</a>
<a href="#">Psychological Well-Being</a>	<a href="#">401k and ESOP</a>	<a href="#">Long-Term Disability</a>	<a href="#">Paid Family Leave</a>
<a href="#">Dental</a>	<a href="#">Employee Retirement Account</a>	<a href="#">Life Insurance</a>	<a href="#">Paid Time Off</a>
<a href="#">Vision</a>	<a href="#">Tuition Reimbursement</a>	<a href="#">Accidental Death &amp; Dismemberment</a>	<a href="#">Holidays</a>
<a href="#">Work/Life Solutions</a>	<a href="#">Adoption/Surrogacy Reimbursement</a>	<a href="#">Business Travel Accident</a>	<a href="#">Milk Stork</a>
<a href="#">Wellness</a>		<a href="#">Voluntary Benefits</a>	<a href="#">Personal Travel Assistance</a>
<a href="#">Health Advocacy</a>			<a href="#">BenefitHub</a>

This website describes benefits that apply to full-time employees who are eligible for model benefits. If you are a union employee, or a production hourly employee in Cargill's Protein business, your benefits may vary. Disclaimer: If there are any differences/discrepancies between the information on this website ([www.cargill.com/myhealth](http://www.cargill.com/myhealth) and all related pages) and the information in the plan documents and/or summary plan descriptors (SPDs), the information in the plan documents/SPDs will overrule. Employees will receive information on how to access SPDs based on their benefits eligibility.