

# 2022 OTC Benefits

Over-the-counter benefits catalog



## How do I order?



### Order Online

Visit  
**thmp.org/order-OTC**  
to place your order online.  
24/7 availability with  
access to order tracking.



### Order by Phone

**Call 833-569-2168 (TTY:711)**  
OTC service reps are  
available Monday-Friday  
8 a.m.–7 p.m. ET



### Order by Mail

Complete an **order form**  
and mail it to the  
address at the  
bottom of the form.  
Mail order forms may  
take up to 4 weeks to  
process

When placing an order, make sure you have your 19-digit card number and member ID handy.

## Helpful Information

### Your Benefit Coverage

**Benefit Usage:** This benefit is intended for Tufts Health Plan Medicare Advantage members only. Medicare does not allow this benefit to be used for your family or friends.

**Disenrollment:** If you disenroll from your health plan, your OTC benefit will automatically end.

### Ordering Your OTC Products

**Products:** Available OTC items include health and wellness products that do not require a prescription.

**Ordering:** You can use this catalog and the attached form to mail in your order. You can also call us at **833-569-2168** (TTY: 711), or visit **thmp.org/order-otc** to order online.

**Shipping:** Your products will be delivered within 2-5 business days after your order is processed.

**Returns:** Due to the personal nature of these products, returns are not accepted.

**Availability:** Items, quantities, sizes, and values are subject to change depending on product availability and manufacturer. If an item selected is unavailable, a similar product of equal or higher value will be substituted at no additional cost.

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# Apparel & Protective Gear

## Bedding & Drapes

| Item No. | Description                                         | Pkg.  | Color      | Price   |
|----------|-----------------------------------------------------|-------|------------|---------|
| * 1616   | Medline Pro Plus Standard Fluff Underpad 23x36 10Ct | 10/BG | Blue/White | \$4.99  |
| 3383     | Fiber Filled CPAP Pillow 21x15 1Ct                  | 1/EA  | White      | \$46.99 |

## Face Masks

| Item No. | Description                             | Pkg.  | Color | Price   |
|----------|-----------------------------------------|-------|-------|---------|
| 3407     | 3M 8210 N95 Particulate Respirator 20Ct | 20/BX | White | \$28.99 |

## Gloves

| Item No. | Description                                            | Pkg.   | Color     | Price   |
|----------|--------------------------------------------------------|--------|-----------|---------|
| 3459     | Medline VersaShield Extended Cuff Nitrile Glove S 50Ct | 50/BX  | Dark Blue | \$12.99 |
| 3460     | Medline FitGuard Touch Nitrile Exam Gloves L 100Ct     | 100/BX | Dark Blue | \$25.99 |
| 3461     | Medline FitGuard Touch Nitrile Exam Gloves M 100Ct     | 100/BX | Dark Blue | \$19.99 |
| 2038     | CURAD Nitrile Exam Gloves One Size 100Ct               | 1/BX   | Blue      | \$18.99 |

## Slippers & Socks

| Item No. | Description                                         | Pkg. | Size  | Price  |
|----------|-----------------------------------------------------|------|-------|--------|
| 3357     | Medline Double-Tread Terrycloth Slippers Blue L 1Pr | 1/PR | Large | \$1.99 |



1616

### Medline Pro Plus Standard Fluff Underpad 23x36 10Ct\*

Disposable underpads feature a combination fluff and polymer core for high absorbency and odor control.

# Diabetes Care

## Sharps Containers

| Item No. | Description                                       | Pkg. | Color | Price  |
|----------|---------------------------------------------------|------|-------|--------|
| 1096     | Medline Sharps Biohazard Needle Container 1Qt 1Ct | 1/EA | Red   | \$2.99 |

# First Aid

## Bandages

|   | Item No. | Description                                             | Pkg.   | Color | Price   |
|---|----------|---------------------------------------------------------|--------|-------|---------|
| * | 3343     | CURAD Waterproof Butterfly Bandages 12Ct                | 1/EA   | -     | \$1.99  |
| * | 3353     | CURAD Plastic Adhesive Bandages 3/8x1.5 100Ct           | 100/BX | -     | \$4.99  |
| * | 3352     | Medline NS Matrix Elastic Bandage 2in x 5yd 10Ct        | 10/BX  | -     | \$11.99 |
| * | 1640     | Medline NS Swift-Wrap Elastic Bandages 2inx5yd 1Ct      | 1/EA   | White | \$1.99  |
| * | 1894     | Medline NS Swift-Wrap Elastic Bandages 3inx5yd 1Ct      | 1/EA   | White | \$1.99  |
| * | 1927     | Medline NS Swift-Wrap Elastic Bandages 4inx5yd 1Ct      | 1/EA   | White | \$1.99  |
| * | 1895     | Medline NS Swift-Wrap Elastic Bandages 6inx5yd 1Ct      | 1/EA   | White | \$1.99  |
| * | 1057     | CURAD FlexSEAL Spray Bandage 1.35oz 1Ct                 | 1/EA   | -     | \$7.99  |
| * | 1928     | Medline St Bulkee II Cotton Gauze Bandage 4.5inx4yd 1Ct | 1/EA   | -     | \$1.99  |
| * | 1439     | Firm-Wrap Short Stretch Bandage 3.15in x 5.47yd 1Ct     | 1/EA   | Beige | \$6.99  |

## Dressings & Gauze

| Item No. | Description                                 | Pkg.  | Dimensions | Price   |
|----------|---------------------------------------------|-------|------------|---------|
| * 3341   | CURAD Sterile Nonwoven Gauze Pads 4x4 240Ct | 24/CS | 4X4 in     | \$50.99 |

## Kits

| Item No. | Description                                | Pkg. | - | Price   |
|----------|--------------------------------------------|------|---|---------|
| 3376     | CURAD Prepped Kit 9-Piece PPE Pack         | 1/EA | - | \$5.99  |
| 3443     | Curad 75-Piece Compact First Aid Kit       | 6/CS | - | \$25.99 |
| 1056     | CURAD 175-Piece Complete First Aid Kit 1Ct | 1/EA | - | \$12.99 |
| 3435     | CURAD Mini 30-Piece First Aid Kit 1Ct      | 1/EA | - | \$2.99  |

## Sponges

| Item No. | Description                               | Pkg. | Dimensions | Price  |
|----------|-------------------------------------------|------|------------|--------|
| 3340     | CURAD Sterile Post-Op Top Sponge 4x4 24Ct | 1/BX | 4 x 4in    | \$2.99 |



3341

### CURAD Sterile Nonwoven Gauze Pads 4x4 240Ct\*

Large pad cushions, covers and protects minor wounds. Extra layer wicks and absorbs fluids. Soft to the touch plus ouchless removal.



1056

### CURAD 175-Piece Complete First Aid Kit 1Ct

Handy first aid kit is sized right for travel. Hard case holds first aid essentials including bandages, gauze, swabs, cold pack, gloves, tweezers and more.



3443

### CURAD 75-Piece Compact First Aid Kit

Zippered soft case can be stashed easily in a tote bag or gym bag. Includes bandages, cleansing towelettes, swabs and trial size stretch bandage.

## Tapes

| Item No. | Description                                          | Pkg. | Dimensions | Price  |
|----------|------------------------------------------------------|------|------------|--------|
| * 1054   | CURAD Cloth Silk Adhesive Medical Tape 2inx10yd 1Ct  | 1/RL | 2in x 10yd | \$2.99 |
| * 1062   | CURAD Paper Medical Tape 2inx10yd 1Ct                | 1/RL | 2in x 10yd | \$2.99 |
| * 1931   | CURAD Heavy-Duty Cloth Tape 1in x 10yd 1Ct           | 1/EA | 1in x 10yd | \$5.99 |
| * 1065   | CURAD Tear-to-Fit Clear Plastic Tape 1inx10yd 1Ct    | 1/RL | 1in x 10yd | \$0.99 |
| * 1066   | CURAD Tear-to-Fit Clear Plastic Tape 2inx10yd 1Ct    | 1/RL | 2in x 10yd | \$2.99 |
| * 3359   | Medline Silk-Like Cloth Surgical Tape 2in x 10yd 1Ct | 1/EA | 2in x 10yd | \$2.99 |
| * 1924   | Medline Caring Paper Adhesive Tape 1inx10yd 1Ct      | 1/EA | 1in x 10yd | \$1.99 |
| * 3358   | Medline Transparent Surgical Tape 1in x 10yd 1Ct     | 1/EA | 1in x 10yd | \$1.99 |

## Wound Care

| Item No. | Description                                         | Pkg. | - | Price   |
|----------|-----------------------------------------------------|------|---|---------|
| 3342     | CURAD Cast Protector Adult Arm 1Ct                  | 1/BX | - | \$11.99 |
| 1058     | CURAD Germ Shield Antimicrobial Wound Gel 0.5oz 1Ct | 1/EA | - | \$7.26  |
| 3452     | Medline Protective Armsleeve Tan 15.5inL 1Pair      | 1/PR | - | \$19.99 |
| 3451     | Medline Protective Armsleeve Tan 18inL 1Pair        | 1/PR | - | \$23.99 |
| 3453     | Medline Protective Armsleeve Tan 20inL 1Pair        | 1/PR | - | \$21.99 |
| 1513     | Medline Protective Armsleeve White 18inL 1Pair      | 1/PR | - | \$20.99 |
| 1046     | Medi-First Antiseptic Spray 2oz 1Ct                 | 1/EA | - | \$4.49  |

## Wound Cleansers

| Item No. | Description                                          | Pkg.   | Ounce | Price  |
|----------|------------------------------------------------------|--------|-------|--------|
| 2203     | Medline 70% Isopropyl Alcohol 16oz 1Ct               | 1/EA   | -     | \$3.99 |
| * 1044   | Medline Isopropyl Alcohol Prep Pad 1.125x2.375 200Ct | 200/BX | -     | \$2.99 |



1513

### Medline Protective Armsleeve White 18inL 1Pair

Slip-on sleeve with thumb loop provides warmth and acts as a protective layer for fragile skin. 93% cotton with 7% Lycra spandex for mild compression.

|        |                                                         |      |   |        |
|--------|---------------------------------------------------------|------|---|--------|
| * 2186 | Medline Isopropyl Alcohol Prep Pad 1.75x3 1Ct           | 1/EA | - | \$0.99 |
| 1077   | ReadyPrep PVP Povidone Iodine Prep Solution 4oz 1Ct     | 1/EA | 4 | \$1.99 |
| 3559   | Medline 3% Hydrogen Peroxide 16oz Bottle 1Ct            | 1/EA | - | \$2.99 |
| 1914   | Medline 3% Hydrogen Peroxide 4oz Bottle 1Ct             | 1/EA | 4 | \$1.99 |
| 3335   | Medline 3% Hydrogen Peroxide 8oz Bottle 1Ct             | 1/EA | 8 | \$2.99 |
| 3487   | Caldyphen Clear Topical Analgesic Lotion 6oz Bottle 1Ct | 1/BT | 6 | \$8.99 |

## Home Diagnostics

### Blood Pressure

|   | Item No. | Description                                               | Pkg. | Size Group | Price   |
|---|----------|-----------------------------------------------------------|------|------------|---------|
| + | 1932     | Elite Digital Blood Pressure Monitor Univ Cuff 1Ct        | 1/EA | Universal  | \$29.99 |
| + | 3345     | Compli-Mates Aneroid Blood Pressure Monitor Red 1Ct       | 1/EA | Adult      | \$15.99 |
| + | 1099     | Medline Digital Blood Pressure Monitor with Univ Cuff 1Ct | 1/EA | Universal  | \$44.99 |
| + | 3347     | Medline Pro Semi-Auto Digital Blood Pressure Monitor 1Ct  | 1/EA | Adult      | \$30.99 |
| + | 2220     | Omron 3 Series Upper Arm Blood Pressure Monitor           | 1/EA | Universal  | \$54.99 |
| + | 1933     | Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct   | 1/EA | Universal  | \$19.99 |



1933

#### Medline Deluxe Digital Wrist Blood Pressure Monitor 1Ct+

Easy-to-use monitor with memory provides quick kPA or mmHg pressure readings and pulse rate. Fits 5.3-8.5 inch wrist. Includes two AAA batteries.



2220

#### Omron 3 Series Upper Arm Blood Pressure Monitor+

Easy, one-touch design plus stores last 14 readings. Soft adult cuff fits 9-17 inch upper arm circumference. Batteries not included.

## Diabetes Monitors

| Item No. | Description                                           | Pkg. | - | Price   |
|----------|-------------------------------------------------------|------|---|---------|
| 1093     | Medline Stainless Medical Alert Bracelet Diabetic 1Ct | 1/EA | - | \$8.99  |
| 1092     | Medline Stainless Medical Alert Bracelet Heart 1Ct    | 1/EA | - | \$10.99 |

## Measuring Devices

| Item No. | Description                                             | Pkg. | - | Price   |
|----------|---------------------------------------------------------|------|---|---------|
| 1935     | SlimTALK Talking Digital Floor Scale 550lb Capacity 1Ct | 1/EA | - | \$29.99 |
| ‡ 1651   | Medline Heart Rate Monitor Pedometer Watch 1Ct          | 1/EA | - | \$24.99 |
| ‡ 1087   | Conair Digital Food Scale 1Ct                           | 1/EA | - | \$21.99 |
| 3448     | Medline Digital Step-On Bathroom Scale 440lb Cap 1Ct    | 1/EA | - | \$69.99 |
| 1649     | Medline Mechanical Bathroom Floor Scale 300lb Cap 1Ct   | 1/EA | - | \$16.99 |

## Test Kits

| Item No. | Description                      | Pkg. | - | Price   |
|----------|----------------------------------|------|---|---------|
| ‡ 1300   | EZ Detect Colon Disease Test 1Ct | 1/KT | - | \$15.99 |

## Thermometers

| Item No. | Description                                           | Pkg. | Color      | Price   |
|----------|-------------------------------------------------------|------|------------|---------|
| 3472     | 60-Second Oral Digital Stick Thermometer 1Ct          | 1/EA | -          | \$2.99  |
| 3465     | 30-Second Flex-Tip Oral Digital Stick Thermometer 1Ct | 1/EA | -          | \$6.99  |
| 1100     | Medline Infrared Talking Ear / Forehead Thermometer   | 1/EA | Gray/White | \$35.99 |



### Conair Digital Food Scale 1Ct‡

Weigh items directly on the easy-clean glass top or use tare function and weigh in a bowl. Large screen displays weight in 1oz. increments. Battery included.

# Incontinence

## Select the Size

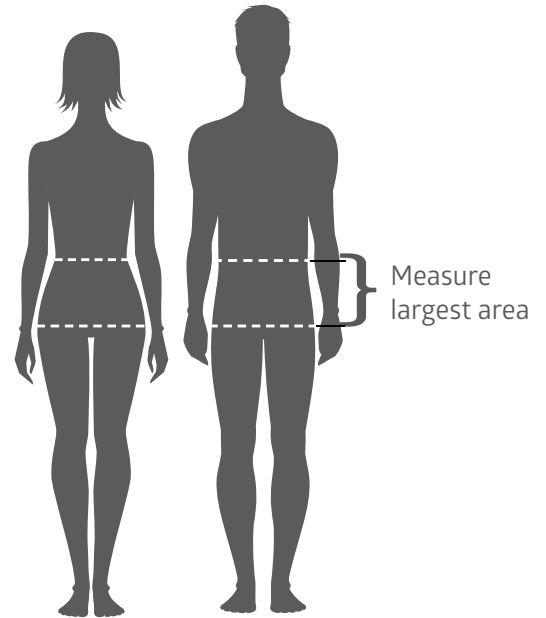
Selecting the right size is critical for containment.

## Bladder Control Pads and Liner Sizing

One size fits all. Continue to Step 3.

## Briefs, Protective Underwear and Knit Pant Sizing

For briefs, underwear and pants, measure the hips or waist (select the larger of the two) as follows:



### Step 1

Measure the largest area from hip bone to hip bone and over the abdomen (see illustration above).

**Example:**

Hip bone to hip bone =  
19 inches (48.3 cm)

### Step 2

Double the measurement in Step 1 and add two inches.

**Example:**

19 inches (48.3 cm) x 2 = 38 inches (96.5 cm)

38 inches (96.5 cm) + 2 inches (5 cm) = 40 inches (102 cm)

### Step 3

Using this number, select the product size from the chart below.

**Example:**

40 inches (102 cm) = Medium or Regular brief

## Brief Size Selection

☒ **Small** = 20–33" (51–81 cm)

☐ **Medium** = 32–42" (81–107 cm)

☒ **Regular** = 40–50" (102–127 cm)

☐ **Large** = 48–58" (122–147 cm)

☐ **X-Large** = 57–66" (150–168 cm)

☐ **XX-Large** = 60–69" (152–175 cm)

☐ **Bariatric** = 65–90" (165–229 cm)

## Protective Underwear Size Selection

☐ **Small** = 20–28" (51–71 cm)

☐ **Medium** = 28–40" (71–102 cm)

☐ **Large** = 40–56" (102–142 cm)

☐ **X-Large** = 56–68" (142–173 cm)

☐ **XX-Large** = 68–80" (173–203 cm)

## Briefs

|   | Item No. | Description                                              | Pkg.  | Absorbency | Price   |
|---|----------|----------------------------------------------------------|-------|------------|---------|
| * | 1620     | Salk Light & Dry Men's Washable Cotton Inco Brief L 1Ct  | 1/EA  | Moderate   | \$24.99 |
| * | 1621     | Salk Light & Dry Men's Washable Cotton Inco Brief M 1Ct  | 1/EA  | Moderate   | \$21.99 |
| * | 1622     | Salk Light & Dry Men's Washable Cotton Inco Brief S 1Ct  | 1/EA  | Moderate   | \$24.99 |
| * | 1623     | Salk Light & Dry Men's Washable Cotton Inco Brief XL 1Ct | 1/EA  | Moderate   | \$24.99 |
| * | 1625     | Salk Light & Dry Women Washable Cotton Inco Brief L 1Ct  | 1/EA  | Moderate   | \$18.99 |
| * | 1626     | Salk Light & Dry Women Washable Cotton Inco Brief M 1Ct  | 1/EA  | Moderate   | \$18.99 |
| * | 1627     | Salk Light & Dry Women Washable Cotton Inco Brief S 1Ct  | 1/EA  | Moderate   | \$18.99 |
| * | 3449     | Medline FitRight Plus Disposable Briefs M 20Ct           | 20/BG | Heavy      | \$12.99 |
| * | 1788     | Medline FitRight Extra Disposable Brief L 20Ct           | 20/BG | Heavy      | \$13.99 |
| * | 1792     | Medline FitRight Extra Disposable Brief XL 20Ct          | 20/BG | Heavy      | \$19.99 |
| * | 1783     | Medline FitRight Basic Disposable Brief L 25Ct           | 25/BG | Moderate   | \$14.99 |
| * | 1784     | Medline FitRight Basic Disposable Brief M 25Ct           | 25/BG | Moderate   | \$13.99 |
| * | 1786     | Medline FitRight Basic Disposable Brief XL 25Ct          | 25/BG | Moderate   | \$14.49 |

## Liners & Pads

|   | Item No. | Description                                               | Pkg.  | Absorbency | Price   |
|---|----------|-----------------------------------------------------------|-------|------------|---------|
| * | 1816     | Medline ContourPlus Bladder Pad Maximum 6.5x13.5 28Ct     | 28/BG | Maximum    | \$13.99 |
| * | 1817     | Medline ContourPlus Bladder Pad Moderate 5.5x10.5 28Ct    | 28/BG | Moderate   | \$7.99  |
| * | 1105     | Medline ContourPlus Bladder Pad Ultimate 8x17 28Ct        | 28/BG | Ultimate   | \$8.99  |
| * | 3445     | FitRight Double Up Incontinence Booster Pad 3.5x11.5 24Ct | 24/BG | Light      | \$10.99 |
| * | 1415     | Medline FitRight Bladder Pad 5.5x15.75 Ultimate 10Ct      | 10/BG | Ultimate   | \$5.99  |
| * | 3375     | Medline FitRight Bladder Pad 8.5x16 Overnight 24Ct        | 24/BG | Ultimate   | \$12.99 |
| * | 1411     | Medline FitRight Active Guards for Men 6x11 52Ct          | 52/BG | Light      | \$16.49 |
| * | 1108     | Medline FitRight Plus Incontinence Liner 13x30 20Ct       | 20/BG | Heavy      | \$12.99 |

## Protective Underwear

|   | Item No. | Description                                              | Pkg.  | Size         | Price   |
|---|----------|----------------------------------------------------------|-------|--------------|---------|
| * | 1828     | Medline Women's Reusable Bladder Control Panty XL 1Ct    | 1/EA  | XLarge       | \$15.99 |
| * | 1417     | Medline Men's FitRight Underwear Heavy Absorb L/ XL 20Ct | 20/BG | Large/Xlarge | \$18.99 |
| * | 1850     | Medline FitRight Ultra Disposable Underwear L 20Ct       | 20/BG | Large        | \$17.99 |
| * | 1852     | Medline FitRight Ultra Disposable Underwear M 20Ct       | 20/BG | Medium       | \$14.99 |

## Underpads

|   | Item No. | Description                                              | Pkg.  | Dimensions | Price  |
|---|----------|----------------------------------------------------------|-------|------------|--------|
| * | 1618     | Medline FitRight Underpad Heavy Absorbency 30x30 10Ct    | 10/BG | 30 x 30in  | \$6.99 |
| * | 1619     | Medline FitRight Underpad Heavy Absorbency 30x36 10Ct    | 10/BG | 30 x 36in  | \$8.49 |
| * | 1615     | Medline FitRight Underpad Moderate Absorbency 23x36 15Ct | 15/BG | 23 x 36in  | \$8.99 |

### Tips for choosing incontinence products:

**Thicker isn't always better.** There are products available with superabsorbent polymers that are thin and discreet while offering excellent protection. Superabsorbent polymers are as tiny as salt crystals but can absorb and retain extremely large amounts of fluid relative to their mass.

**Bladder pads are not the same as feminine hygiene pads.** Bladder control pads have unique superabsorbent polymers that allow them to absorb urine quickly.

**Bladder pads are not for women only.** Men with light urinary incontinence can also benefit from products that are thin, discreet and absorbent. Today's bladder control pads are comfortable for both men and women.

# Medications Over The Counter

## Anti-Fungal & Anti-Itch

| Item No. | Description                                                | Pkg.  | Form  | Price   |
|----------|------------------------------------------------------------|-------|-------|---------|
| 3486     | Dr. Scholl's Freeze Away Wart Remover                      | 1/BX  | -     | \$26.99 |
| 1045     | Dr. Sheffield Anti-Itch Diphenhydramine Cream 1.2oz 1Ct    | 1/EA  | Cream | \$5.99  |
| 3447     | CURAD Bacitracin Antibiotic Ointment Zinc 0.9g 1Ct         | 1/EA  | -     | \$0.99  |
| 1053     | CURAD Bacitracin Antibiotic Ointment Zinc 1oz 1Ct          | 1/EA  | Cream | \$5.99  |
| 1059     | CURAD Hydrocortisone Anti-Itch Cream 1oz 1Ct               | 1/EA  | Cream | \$2.99  |
| 1925     | CURAD Triple Antibiotic Ointment Pain Relief 1oz 1Ct       | 1/EA  | Cream | \$5.99  |
| 1083     | CURAD Triple First Aid Antibiotic Ointment 1oz 1Ct         | 1/EA  | Cream | \$3.99  |
| 1195     | GoodSense Hemorrhoid Ointment 2oz 1Ct                      | 1/EA  | Cream | \$4.99  |
| 2302     | CareAll 1% Clotrimazole Antifungal Cream 1oz 1Ct           | 1/EA  | Cream | \$5.99  |
| 1120     | Dr. Sheffield's Athlete's Foot Cream 0.5oz 1Ct             | 1/TB  | Cream | \$5.99  |
| 1143     | Dr. Sheffield Antifungal Cream Tolnaftate 1% 1.25oz 1Ct    | 1/EA  | Cream | \$3.99  |
| 1201     | GoodSense Miconazole 3-Day Vaginal Suppository Cream       | 1/BX  | Cream | \$10.99 |
| 1024     | Fluticasone Propionate Nasal Spray 50mcg 1Ct               | 1/EA  | Spray | \$13.99 |
| 3394     | TUCKS Medicated Cooling Pads with Witch Hazel 40Ct         | 40/CO | -     | \$8.99  |
| 1194     | Clotrimazole Yeast Infection Vaginal Cream 7-Day Treatment | 1/EA  | Cream | \$13.99 |
| 1074     | GoodSense Complete Lice Treatment Kit 1Ct                  | 1/KT  | Gel   | \$18.99 |
| 1075     | Natrapel DEET-Free Insect Repellent 3.4oz Spray 1Ct        | 1/EA  | Spray | \$7.99  |
| 1048     | Ben's DEET Tick and Insect Repellent 3.4oz 1Ct             | 1/EA  | Spray | \$7.99  |

1048



### Ben's DEET Tick and Insect Repellent 3.4oz 1Ct

Wilderness formula contains 30% DEET to repel disease-carrying mosquitoes and ticks. Water based with no alcohol. Sized right for travel.

## Cough, Cold & Allergy

| Item No. | Description                                                 | Pkg.  | Form    | Price   |
|----------|-------------------------------------------------------------|-------|---------|---------|
| 3322     | Coricidin Maximum Strength Flu Tablets 24Ct                 | 1/BX  | Tablet  | \$9.99  |
| 3488     | Daytime Cold & Flu 24Ct                                     | 1/BX  | -       | \$7.99  |
| 1023     | Liquid Cough Syrup Guaifenesin Dextromethorphan 4oz 1Ct     | 1/BT  | Liquid  | \$6.99  |
| 1016     | Allergy Relief Antihistamine Tablets 4mg 24Ct               | 24/BX | Tablet  | \$5.99  |
| 1866     | Cetirizine Allergy Relief Tablets 10mg 30Ct                 | 1/BT  | Tablet  | \$8.99  |
| 1020     | GoodSense Cough Drops 5.8mg Menthol Cherry 30Ct             | 1/EA  | Lozenge | \$3.99  |
| 1600     | GoodSense Cough Drops 7.5mg Menthol Honey Lemon 30Ct        | 1/EA  | Lozenge | \$2.99  |
| 1021     | GoodSense Sugar-Free Black Cherry Cough Drops 25Ct          | 1/BG  | Lozenge | \$2.49  |
| 1014     | Diphenhydramine Allergy Relief Minitabs 25mg 24Ct           | 1/BX  | Tablet  | \$4.99  |
| 1868     | Mucus Relief DM Cough Suppressant Guaifenesin 600 mg 40Ct   | 1/BX  | -       | \$24.99 |
| 1028     | Guaifenesin Mucus Relief Tablet 400mg 100Ct                 | 1/EA  | Tablet  | \$5.99  |
| 1013     | Loratadine 24-Hour Allergy Relief Tablet 30Ct               | 1/BT  | Tablet  | \$5.99  |
| 1034     | GoodSense Sore Throat Lozenges Cherry 18Ct                  | 1/EA  | Lozenge | \$2.99  |
| 1027     | Mucinex DM Expectorant Cough Suppressant Tablet 40Ct        | 40/BX | Tablet  | \$26.99 |
| 1032     | GeriCare Saline Nasal Spray 1.5oz 1Ct                       | 1/EA  | Spray   | \$2.99  |
| 1029     | Maximum Strength Phenylephrine Nasal Decongestant 10mg 36Ct | 1/BX  | Tablet  | \$6.99  |
| 1602     | Major Sugar-Free Cherry Sore Throat Spray 6oz 1Ct           | 1/BT  | Spray   | \$3.99  |
| 1026     | Medicated Chest Rub 3.53oz 1Ct                              | 1/EA  | -       | \$3.99  |
| 1015     | Fexofenadine 24-Hour Allergy Relief Tablet 30Ct             | 1/BT  | Tablet  | \$14.99 |
| 2251     | Mucinex Fast-Max DM Cold & Cough Relief Syrup 6oz 1Ct       | 1/EA  | Liquid  | \$21.99 |
| 1031     | Robafen CF Multi-Symptom Cough & Cold Medicine 4oz 1Ct      | 1/EA  | Liquid  | \$4.99  |
| 1018     | GoodSense Cold Max Day/Night Cold Relief Tablets 20CT       | 1/BT  | Tablet  | \$4.99  |
| 1870     | GoodSense Nighttime Cough Cold Flu Medicine 12oz 1Ct        | 1/BT  | Liquid  | \$6.99  |
| 3385     | TheraFlu Nighttime Severe Cold / Cough Powder               | 1/BX  | Powder  | \$13.99 |

|      |                                                        |      |        |         |
|------|--------------------------------------------------------|------|--------|---------|
| 3455 | NasaFlo Neti Pot System                                | 1/BX | -      | \$18.99 |
| 1867 | GoodSense Day Cold Flu Multi-Symptom Liquid 12oz 1Ct   | 1/BT | Liquid | \$6.99  |
| 3411 | NeilMed SINUS RINSE Saline Nasal Kit                   | 1/KT | -      | \$17.99 |
| 1030 | Dr. Sheffield's 12-Hr Nasal Decongestant Spray 1oz 1Ct | 1/EA | Spray  | \$5.99  |
| 1022 | CURAD Breathe Clear Nasal Strips 30Ct                  | 1/BX | -      | \$7.99  |

## Medication Aids

| Item No. | Description                                           | Pkg. | Color      | Price   |
|----------|-------------------------------------------------------|------|------------|---------|
| 1694     | Medline Pill Crusher 1Ct                              | 1/BX | Blue       | \$5.99  |
| 1095     | Medline Pill Splitter with Storage 1Ct                | 1/BX | Blue       | \$1.99  |
| 1091     | Medline 7-Day Pill Reminder Organizer 1Ct             | 1/EA | Clear      | \$6.99  |
| 3470     | 7-Day Deluxe Pill Box                                 | 1/EA | -          | \$10.99 |
| 1693     | Silicone Pill Bottle Opener 1Ct                       | 1/EA | Blue       | \$5.99  |
| 1695     | Medline 7-Day Pill Organizer Clear 1X/Day             | 1/EA | Clear      | \$3.99  |
| 1698     | Medline 7-Day Pill Organizer Multicolor 2X/Day        | 1/EA | Multicolor | \$7.99  |
| 1986     | Medicine Pill Bottle Opener with Magnifying Glass 1Ct | 1/EA | -          | \$6.99  |
| 1985     | Graduated Medicine Spoon and Dropper Set 1Ct          | 1/EA | -          | \$5.99  |



1693

### Silicone Pill Bottle Opener 1Ct

Unique, reusable silicone disc grips cap to help make opening medicine bottle easier. 2.5in. diameter. Dishwasher safe.



1985

### Graduated Medicine Spoon and Dropper Set 1Ct

Easily measure and administer liquid medicine with reusable plastic 2 tsp. spoon and 1 tsp. dropper. Marked with tsp. and mL gradations.



3470

### 7-Day Deluxe Pill Box

Keep track of your pills for the week. 7 removable rows so you can take out one day at a time. Compartments for morning, noon, evening and bedtime.

## Pain & Fever Relief

| Item No. | Description                                                    | Pkg.   | Strength | Price   |
|----------|----------------------------------------------------------------|--------|----------|---------|
| 1192     | Capsaicin Analgesic Pain Relief Cream 2.1oz Tube 1Ct           | 1/EA   | -        | \$7.99  |
| 3323     | Muscle Rub Cream 1.25oz 1Ct                                    | 1/TB   | -        | \$2.99  |
| 1209     | Ultra Strength Muscle Rub Cream 3oz 1Ct                        | 1/EA   | -        | \$3.99  |
| 2225     | GoodSense Hemorrhoidal Suppositories 12Ct                      | 12/BX  | -        | \$4.99  |
| 1186     | GoodSense Arthritis Pain Acetaminophen Ex Strength 650mg 100Ct | 1/BT   | 650 mg   | \$9.99  |
| 3399     | GeriCare Acetaminophen Extra Strength Tablet 500mg 100Ct       | 1/BT   | 500 mg   | \$4.99  |
| 2237     | Medline Acetaminophen Ex Strength Tablet 500mg 100Ct           | 1/EA   | 500 mg   | \$15.99 |
| 2301     | Acetaminophen PM Extra-Strength Caplets 500mg 100Ct            | 1/BT   | 500 mg   | \$5.99  |
| 1206     | Acetaminophen PM Extra-Strength Caplets 500mg 50Ct             | 1/EA   | 500 mg   | \$7.99  |
| 1204     | Acetaminophen Reg Strength Tablet 325mg 100Ct                  | 1/BT   | 325 mg   | \$7.99  |
| 1715     | Medline Chewable Aspirin Tablets 81mg 36Ct                     | 1/BT   | 81 mg    | \$4.99  |
| 1189     | GeriCare Reg Strength Enteric-Coated Aspirin 325mg 100Ct       | 1/EA   | 325 mg   | \$5.99  |
| 1191     | Low-Dose Enteric-Coated Aspirin Tablet 81mg 300Ct              | 300/BT | 81 mg    | \$7.99  |
| 1257     | GeriCare Aspirin Tablets 325mg 100Ct                           | 1/EA   | 325 mg   | \$2.99  |
| 3402     | GeriCare Ibuprofen Tablets 200mg 500Ct                         | 1/EA   | 200 mg   | \$16.99 |
| 3406     | Ibuprofen Tablets 200mg 500Ct                                  | 1/BT   | 200 mg   | \$19.99 |
| 1198     | Medline Ibuprofen Tablets 200mg 100Ct                          | 1/EA   | 200 mg   | \$4.99  |
| 1205     | Medline Naproxen Sodium Tablet 220mg 100Ct                     | 1/BT   | 220 mg   | \$8.99  |
| 1207     | Acetaminophen / Aspirin / Caffeine Pain Relief 100Ct           | 1/BT   | -        | \$6.99  |
| 1886     | After Bite Bug Itch Relief Pen 0.5oz 1Ct                       | 1/EA   | -        | \$6.99  |
| 2265     | Tiger Balm Active Muscle Rub Cream 2oz 1Ct                     | 1/EA   | -        | \$9.99  |
| 1646     | MyDerm Bite Relief Benzocaine Ointment 1.75oz 1Ct              | 1/EA   | -        | \$7.99  |
| 1643     | GoodSense X-Strength Medicated Cold/Hot Patch Small 5Ct        | 1/BX   | -        | \$4.99  |
| 1706     | AZO Urinary Pain Relief Tablets 30Ct                           | 1/BX   | -        | \$14.99 |
| 1203     | Cooling Menthol Lavender Migraine Headache Pads 4Ct            | 1/EA   | -        | \$6.99  |
| 1714     | Cooling Migraine Headache Pads 3Ct                             | 1/BX   | -        | \$4.59  |
| 2262     | Salonpas Lidocaine Gel Pain Relieving Patch 6Ct                | 1/BX   | -        | \$13.49 |

|      |                                                           |       |        |         |
|------|-----------------------------------------------------------|-------|--------|---------|
| 2033 | ActivICE Topical Pain Reliever 3oz Roll-On 1Ct            | 1/EA  | -      | \$8.99  |
| 2034 | Medline ActivICE Topical Pain Reliever 4oz Spray 1Ct      | 1/EA  | -      | \$8.99  |
| 1047 | Bactine Max Pain Relieving Cleansing Spray 5oz. 1Ct       | 1/EA  | -      | \$9.99  |
| 2032 | Daily Solutions Ice Blue Pain Menthol 2% Gel 8oz 1Ct      | 1/EA  | -      | \$5.99  |
| 1709 | Aspercreme Pain Relieving Cream 3oz                       | 1/EA  | -      | \$9.99  |
| 1187 | Aspercreme with Lidocaine Pain Relieving Cream 2.7oz 1Ct  | 1/EA  | -      | \$15.99 |
| 1710 | TheraCare Max Strength Pain Relief 4% Lidocaine Patch 5Ct | 1/BX  | -      | \$6.99  |
| 3388 | Advil Ibuprofen 200mg                                     | 50/BX | 200 mg | \$19.99 |
| 2239 | Advil Ibuprofen Pain Reliever Tablet 200mg 24Ct           | 1/BT  | 200 mg | \$9.99  |

## Stomach Remedies

| Item No. | Description                                                  | Pkg. | Strength | Price   |
|----------|--------------------------------------------------------------|------|----------|---------|
| * 2059   | Omeprazole Delayed-Release Antacid Tablet 20mg 42Ct          | 1/BX | 20 mg    | \$15.99 |
| 3390     | Bisacodyl Suppositories 10mg 12Ct                            | 1/BX | 10 mg    | \$21.99 |
| 1220     | Bisacodyl Laxative Enteric Coated Tablets 5mg 100Ct          | 1/BX | 5 mg     | \$7.99  |
| 2211     | Bisacodyl Laxative Tablet 5mg 25Ct                           | 1/BT | 5 mg     | \$3.99  |
| 3408     | Magnesium Citrate 10oz 1Ct                                   | 1/BT | -        | \$5.99  |
| 1240     | Docusate Sodium Stool Softener Softgel 100mg 100Ct           | 1/EA | 100 mg   | \$4.99  |
| 1223     | GeriCare Fiber Laxative Caplet 625mg 90Ct                    | 1/BT | 625 mg   | \$8.99  |
| 3386     | Fleet Glycerin Suppositories 50Ct                            | 1/BT | -        | \$8.99  |
| 2060     | GoodSense ClearLax Powder Laxative 17.9oz 1Ct                | 1/EA | -        | \$13.99 |
| 1727     | GoodSense ClearLax Powder Laxative 4.1oz 1Ct                 | 1/BT | -        | \$5.99  |
| 1234     | Medline Senna Natural Vegetable Laxative Tablets 8.6mg 100Ct | 1/BT | 8.6 mg   | \$2.99  |
| 2058     | GoodSense Anti-Nausea Liquid Medicine Cherry 4oz 1Ct         | 1/BT | -        | \$4.99  |
| 1229     | Meclizine Anti-Nausea Tablets 12.5mg 100Ct                   | 1/BT | 12.5 mg  | \$5.99  |
| 1217     | Geri-Lanta Reg Strength Antacid & Antigas Liquid 12oz 1Ct    | 1/BT | -        | \$5.99  |
| * 1733   | Loperamide Anti-Diarrheal Caplets 2mg 12Ct                   | 1/EA | 2 mg     | \$2.99  |
| 3387     | Anti-Gas Simethicone Chewable Tablet 80mg 100Ct              | 1/EA | 80 mg    | \$4.99  |
| 2055     | Flavored Extra Strength Alkum Antacid Tablet 750mg 96Ct      | 1/EA | 750 mg   | \$7.99  |

|        |                                                           |       |        |         |
|--------|-----------------------------------------------------------|-------|--------|---------|
| 1218   | Flavored Reg Strength Alkum Antacid Tablets 500mg 150Ct   | 1/EA  | 500 mg | \$3.99  |
| 1730   | Ultra Strength Simethicone Gas Softgels 180mg 60Ct        | 1/BT  | 180 mg | \$4.99  |
| 1231   | GeriCare Milk of Magnesia 12oz 1Ct                        | 1/BT  | -      | \$3.99  |
| 1221   | Guardian PinkBismuth Stomach Relief Liquid 8oz 1Ct        | 1/BT  | -      | \$3.99  |
| 2258   | Prilosec OTC Heartburn Relief Tablet 20mg 14Ct            | 1/BX  | 20 mg  | \$21.99 |
| 1731   | GeriCare Chewable Gas Relief Tablets 80mg 100Ct           | 1/EA  | 80 mg  | \$4.99  |
| 1232   | GoodSense Motion Sickness Tablets 50mg 12Ct               | 1/BX  | 50 mg  | \$5.99  |
| 1239   | Bismatrol Chewable Antacid Tablets 200mg 30Ct             | 1/BX  | 200 mg | \$5.99  |
| 1216   | GoodSense Effervescent Antacid + Pain Relief Tablets 36Ct | 1/BX  | -      | \$7.99  |
| * 2247 | Esomeprazole Delayed-Release Magnesium Capsule 20mg 14Ct  | 1/BT  | 20 mg  | \$9.99  |
| 3389   | TUMS Smoothies Antacid Tablets 12Ct                       | 1/BG  | -      | \$6.99  |
| 1237   | Medline Pure & Gentle Saline Enema Laxative 4.5oz 1Ct     | 1/EA  | -      | \$2.99  |
| 1230   | Metamucil Sugar-Free Orange Flavor Powder Packets 30Ct    | 30/BX | -      | \$29.99 |
| * 1215 | Famotidine Acid Reducer Heartburn Tablet 10mg 30Ct        | 1/BX  | 10 mg  | \$4.99  |
| 2269   | Pepcid AC Antacid Acid Reducer 10mg 30Ct                  | 1/BT  | 10 mg  | \$17.99 |
| * 2253 | Nexium 24 Hour Heartburn Relief Capsule 14Ct              | 1/BX  | 20 mg  | \$20.99 |

## Stop Smoking

| Item No. | Description                                           | Pkg.   | Strength | Price   |
|----------|-------------------------------------------------------|--------|----------|---------|
| ⌘ 1210   | GoodSense Nicotine Gum 4mg Mint 110Ct                 | 110/BX | 4 mg     | \$29.99 |
| ⌘ 1213   | Rugby Nicotine Stop Smoking Patch Step One 21mg 14Ct  | 1/BX   | 21 mg    | \$42.99 |
| ⌘ 1214   | Rugby Nicotine Stop Smoking Patch Step Three 7mg 14Ct | 1/BX   | 7 mg     | \$38.99 |
| ⌘ 1212   | Rugby Nicotine Stop Smoking Patch Step Two 14mg 14Ct  | 1/BX   | 14 mg    | \$38.99 |
| ⌘ 1211   | GoodSense Nicotine Polacrilex Lozenges 4mg 72Ct       | 1/PK   | 4 mg     | \$38.99 |

# Mobility

## Bath Safety

| Item No. | Description                                        | Pkg. | Weight Capacity | Price   |
|----------|----------------------------------------------------|------|-----------------|---------|
| 1002     | Medline 12in Knurled Chrome Grab Bar 1Ct           | 1/EA | -               | \$16.99 |
| 3356     | Medline 24in Knurled Chrome Grab Bar 1Ct           | 1/EA | -               | \$21.99 |
| 2196     | Medline 32in Knurled Chrome Grab Bar 1Ct           | 1/EA | -               | \$34.99 |
| 1771     | Medline Knockdown Transfer Bench with Microban 1Ct | 1/EA | 350 lbs         | \$66.99 |

## Braces & Supports

| Item No. | Description                                           | Pkg. | Size      | Price   |
|----------|-------------------------------------------------------|------|-----------|---------|
| 3425     | CURAD Universal Arm Sling 1Ct                         | 1/EA | Universal | \$11.99 |
| 1182     | Medline Universal Rib Belt for Men                    | 1/EA | Universal | \$13.99 |
| 1183     | Medline Universal Rib Belt for Women                  | 1/EA | Universal | \$13.99 |
| 1164     | CURAD Neoprene Open Heel Ankle Support Retail M 1Ct   | 1/EA | Medium    | \$8.99  |
| 3427     | CURAD Performance Back Support with Suspenders L 1Ct  | 1/EA | Large     | \$19.99 |
| 3426     | CURAD Performance Back Support with Suspenders M 1Ct  | 1/EA | Medium    | \$21.99 |
| 3428     | CURAD Performance Back Support with Suspenders XL 1Ct | 1/EA | XLarge    | \$23.99 |



### Medline 32in Knurled Chrome Grab Bar 1Ct

Sturdy steel safety aid can be installed in the bathroom, kitchen, along stairways and more. Mounts directly to wall with included hardware. 250 lb. capacity.



### Medline Knockdown Transfer Bench with Microban 1Ct

Wide bench with sturdy aluminum frame helps make getting in/out of the bathtub and showering easier. Suction cup feet. 350-lb. capacity. Easy assembly.



### CURAD Universal Arm Sling 1Ct

Dark blue sling fits right or left arm and is made of breathable polyester mesh for comfort. Hook-and-loop closure for a secure, custom fit. 19.3 L x 7.75 D.

|      |                                                                 |      |           |         |
|------|-----------------------------------------------------------------|------|-----------|---------|
| 2018 | CURAD Universal Elastic Back Support Retail 1Ct                 | 1/EA | Universal | \$18.99 |
| 1177 | Medline Standard Back Support with Suspenders L 1Ct             | 1/EA | Large     | \$20.99 |
| 1178 | Medline Standard Back Support with Suspenders M 1Ct             | 1/EA | Medium    | \$20.99 |
| 1179 | Medline Standard Back Support with Suspenders S 1Ct             | 1/EA | Small     | \$20.99 |
| 1180 | Medline Standard Back Support with Suspenders XL 1Ct            | 1/EA | XLarge    | \$19.99 |
| 3441 | CURAD Performance Elastic Pull-Over Elbow Support M 1Ct         | 1/EA | Medium    | \$4.99  |
| 1167 | CURAD Performance Elastic Pull-Over Knee Support L 1Ct          | 1/EA | Large     | \$7.99  |
| 1168 | CURAD Performance Elastic Pull-Over Knee Support M 1Ct          | 1/EA | Medium    | \$6.99  |
| 3429 | CURAD Performance Elastic Pull-Over Knee Support M 1Ct          | 1/EA | Medium    | \$6.99  |
| 1169 | CURAD Performance Elastic Pull-Over Knee Support S 1Ct          | 1/EA | Small     | \$4.99  |
| 1507 | CURAD Performance Elastic Pull-Over Knee Support XL 1Ct         | 1/EA | XLarge    | \$8.99  |
| 1170 | Medline Knee Support with Removable U-Buttress L 1Ct            | 1/EA | Large     | \$15.99 |
| 1171 | Medline Knee Support with Removable U-Buttress M 1Ct            | 1/EA | Medium    | \$15.99 |
| 1172 | Medline Knee Support with Removable U-Buttress S 1Ct            | 1/EA | Small     | \$15.99 |
| 1742 | Medline Knee Support with Removable U-Buttress XL 1Ct           | 1/EA | XLarge    | \$15.99 |
| 1508 | CURAD Universal Thumb Brace Retail 1Ct                          | 1/EA | Universal | \$12.99 |
| 1165 | IMAK RSI Smart Glove PM Carpal Tunnel Night Brace               | 1/EA | Universal | \$26.99 |
| 2028 | CURAD Performance Knee Support Microban Ages 50+ 1Ct            | 1/EA | Universal | \$17.99 |
| 1703 | Medline Carpal Tunnel Glove with Flexible Splint L 1Ct          | 1/EA | Large     | \$11.99 |
| 1704 | Medline Carpal Tunnel Glove with Flexible Splint M 1Ct          | 1/EA | Medium    | \$11.99 |
| 1705 | Medline Carpal Tunnel Glove with Flexible Splint S 1Ct          | 1/EA | Small     | \$11.99 |
| 3474 | CURAD Performance Series IRONMAN Wraparound Elbow Supports, 4ct | 4/CS | Universal | \$27.99 |
| 2030 | CURAD Wraparound Wrist Support Microban Ages 50+ 1Ct            | 1/EA | Universal | \$5.99  |

## Cushions & Pads

| Item No. | Description                                       | Pkg. | Size               | Price   |
|----------|---------------------------------------------------|------|--------------------|---------|
| 3336     | Medline Knit Elastic Heel/Elbow Protector 2Ct     | 1/PR | One Size Fits Most | \$13.99 |
| 3469     | Medline Compressed Foam Ring Cushion 1Ct          | 1/EA | -                  | \$17.99 |
| 1806     | Medline Premium Closed Hip Protector White L 1Ct  | 1/EA | Large              | \$36.99 |
| 1807     | Medline Premium Closed Hip Protector White M 1Ct  | 1/EA | Medium             | \$37.99 |
| 1813     | Medline Premium Closed Hip Protector White S 1Ct  | 1/EA | Small              | \$34.99 |
| 1805     | Medline Premium Closed Hip Protector White XL 1Ct | 1/EA | XLarge             | \$36.99 |

## Fall Prevention

| Item No. | Description                                         | Pkg. | Weight Capacity | Price   |
|----------|-----------------------------------------------------|------|-----------------|---------|
| 1635     | Medline Handheld Shower Kit 1Ct                     | 1/EA | -               | \$16.99 |
| 1010     | Medline Stainless Steel Bathtub Safety Grab Bar 1Ct | 1/EA | 250 lbs         | \$34.99 |
| 1634     | Medline Guardian Toilet Safety Rails 2Ct            | 1/EA | 300 lbs         | \$32.99 |
| 1005     | Medline Rubber Bath Mat 13.4x29 White 1Ct           | 1/EA | -               | \$11.99 |
| 1008     | Medline Nonslip Tub and Stair Safety Treads 8Ct     | 1/EA | -               | \$3.99  |
| 1773     | Medline Locking Raised Toilet Seat with Arms 1Ct    | 1/EA | 350 lbs         | \$34.99 |
| 1772     | Medline Plug-In LED Nightlight 2Ct                  | 2/PK | -               | \$6.99  |
| 3468     | Momentum Bath Mat Grey 1Ct                          | 1/EA | -               | \$22.99 |
| 1770     | Medline Knockdown Bath Bench with Arms 1Ct          | 1/EA | 350 lbs         | \$39.99 |
| 1003     | Medline Knockdown Bath Bench with Arms and Back 1Ct | 1/EA | 350 lbs         | \$41.99 |



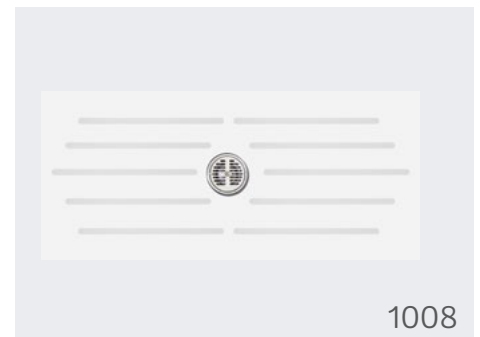
### Medline Knockdown Bath Bench with Arms and Back 1Ct

Rust-resistant bench with sturdy aluminum frame helps make showering easier. Nonslip feet. 13.5 x 16 inch seat. 350-lb. capacity. Tool-free assembly.



### Medline Stainless Steel Bathtub Safety Grab Bar 1Ct

Sturdy, multilevel bar clamps on to tub walls 2.75-6.25 inch wide to help make getting in/out of bath easier. Supports up to 250 lbs. White finish.



### Medline Nonslip Tub and Stair Safety Treads 8Ct

Easy-to-install white textured strips provide extra traction to help prevent slips and falls. Adhesive sticks securely on nontextured surfaces. 0.75 x 18 inch.

## Fitness & Rehab

| Item No. | Description                                            | Pkg. | Color  | Price   |
|----------|--------------------------------------------------------|------|--------|---------|
| 1761     | Medline Lightweight Pedal Exerciser 1Ct                | 1/EA | -      | \$49.99 |
| 3413     | Overdoor Shoulder Pulley Exerciser Single Strap 1Ct    | 1/EA | -      | \$14.99 |
| 1041     | Medline Accu-Therm Reusable Hot/Cold Gel Pack 5x10 1Ct | 1/EA | -      | \$2.99  |
| 2125     | EKHO Deluxe Digital Pedometer 1Ct                      | 1/EA | Black  | \$29.99 |
| 1915     | Medline Reusable English-Style Ice Bag 1Ct             | 1/EA | -      | \$5.99  |
| 3439     | Medline Orange Exercise Band Light Resistance 5ft 1Ct  | 1/EA | Orange | \$1.99  |
| 3438     | Medline Peach Exercise Band XLight Resistance 5ft 1Ct  | 1/EA | Peach  | \$1.99  |
| 3440     | Medline Plum Exercise Band XHeavy Resistance 5ft 1Ct   | 1/EA | Plum   | \$3.99  |
| 1639     | CURAD Hot or Cold Therapy Water Bottle 1Ct             | 1/BX | Red    | \$7.99  |
| 3466     | Medline Blue Latex Exercise Band Heavy Resistance 1Ct  | 1/EA | Blue   | \$3.99  |
| 2117     | Medline Green Latex Exercise Band Medium 6yd 1Ct       | 1/EA | Green  | \$15.49 |
| 2037     | Medline Accu-Therm Gel Wrap Packs Shoulder/Hip Set     | 1/ST | -      | \$37.99 |
| 3324     | Heelbo Heel and Elbow Protector White L 1Pr            | 1/EA | White  | \$13.99 |
| 2176     | Heelbo Heel and Elbow Protector Yellow S 1Pr           | 1/PR | Yellow | \$13.99 |



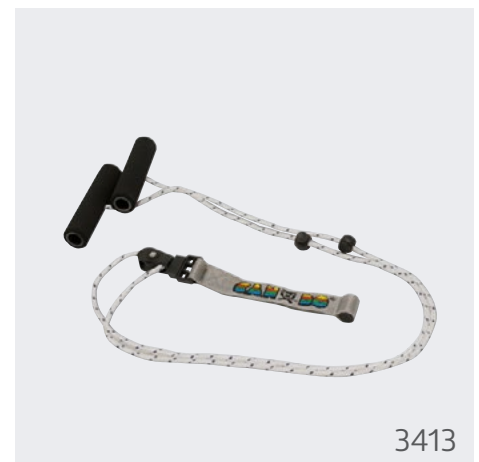
### Medline Accu-Therm Gel Wrap Packs Shoulder/Hip Set

Reusable set provides targeted relief. Warm or freeze 4 included gel packs for hot/cold therapy.



### EKHO Deluxe Digital Pedometer 1Ct

Lightweight, battery-powered pedometer measures steps, distance and calories. Large digital display is easy to read. Hinged protective case plus strap.



### Overdoor Shoulder Pulley Exerciser Single Strap 1Ct

Economical rehab aid with door jamb anchor helps increase range of motion. Swivel hook for smooth action. Adjustable rope for use seated or standing.

|      |                                                         |      |   |         |
|------|---------------------------------------------------------|------|---|---------|
| 3450 | Digital Dual-Channel TENS Unit Model 7000 1Ct           | 1/EA | - | \$49.99 |
| 3404 | Blue Ranger Shoulder Pulley with Webbing Door Strap 1Ct | 1/EA | - | \$14.99 |
| 1934 | Deluxe Electric Moist Heat Pad                          | 1/EA | - | \$34.99 |

## Mobility Aids

| Item No. | Description                                            | Pkg. | - | Price   |
|----------|--------------------------------------------------------|------|---|---------|
| 2188     | Medline Pistol Grip Reacher 26in 1Ct                   | 1/EA | - | \$11.99 |
| 1477     | Medline Sock Dressing Aid with Foam Grips 1Ct          | 1/EA | - | \$5.99  |
| 3458     | Medline Sock Dressing Aid with Soft Padding 1Ct        | 1/EA | - | \$5.99  |
| 3414     | Great Grips Door Grip 2Ct                              | 2/PK | - | \$55.99 |
| 1767     | Medline Steel Shoehorn 18in 1Ct                        | 1/EA | - | \$3.49  |
| 3464     | Medline Great Grip Weighted Bendable Utensils Set of 4 | 1/ST | - | \$43.99 |
| 3463     | Medline Great Grip Button Aid 1Ct                      | 1/EA | - | \$7.99  |
| 1762     | Medline Premium 7-Piece Hip Kit with 26in Reacher      | 1/EA | - | \$29.99 |
| 3417     | Lighted Magnifier                                      | 1/EA | - | \$18.75 |
| 2190     | Medline Contoured Foam Bath Sponge with Handle 1Ct     | 1/EA | - | \$7.99  |



### Medline Great Grip Weighted Bendable Utensils Set of 4

Dining aids for those with decreased hand control or grip have soft, cushioned handles that are easy to grasp. Bendable utensil heads plus 6oz. added weight.



### Lighted Magnifier

1.25in. square lens enlarges fine print to 4X original size. Sharp focus flashlight activated by thumb switch illuminates page. Includes 2 AAA batteries.



### Medline Premium 7-Piece Hip Kit with 26in Reacher

Mobility items help you avoid bending at the hip during dressing and daily activities.

# Personal Care

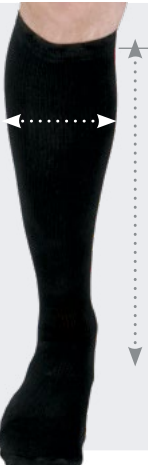
## Arthritis

| Item No. | Description                                       | Pkg. | Size   | Price   |
|----------|---------------------------------------------------|------|--------|---------|
| 1701     | CURAD Arthritis Relief Compression Gloves L 1Pair | 1/PR | Large  | \$14.99 |
| 1702     | CURAD Arthritis Relief Compression Gloves M 1Pair | 1/PR | Medium | \$13.99 |
| 1993     | CURAD Arthritis Relief Compression Gloves S 1Pair | 1/PR | Small  | \$13.49 |

## Compression Garments

| # | Item No. | Description                                               | Pkg. | Color | Price   |
|---|----------|-----------------------------------------------------------|------|-------|---------|
| # | 1139     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Bk L 1Pr  | 1/PR | Black | \$11.99 |
| # | 1141     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Bk M 1Pr  | 1/PR | Black | \$10.49 |
| # | 1978     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Bk XL 1Pr | 1/PR | Black | \$10.99 |
| # | 1140     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Wh L 1Pr  | 1/PR | White | \$7.99  |
| # | 1142     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Wh M 1Pr  | 1/PR | White | \$7.99  |
| # | 1979     | Dr. Scholl's Diabetic Compression Sock 8-15mmHg Wh XL 1Pr | 1/PR | White | \$9.99  |

## Compression Garment Sizing Guide



**Length**  
Measure from the bend in the knee to the bottom of the heel.

**Calf Circumference**  
Measure around the widest point of the calf.

**Ankle Circumference**  
Measure around the ankle bones.

| Ankle       | Calf    | Size |
|-------------|---------|------|
| 7"-7 7/8"   | 10"-13" | A    |
| 8"-8 7/8"   | 12"-15" | B    |
| 9"-9 7/8"   | 14"-17" | C    |
| 10"-10 7/8" | 16"-19" | D    |
| 11"-11 7/8" | 18"-21" | E    |
| 12"-12 7/8" | 20"-23" | F    |
| 13"-13 7/8" | 22"-26" | G    |

|   |      |                                                               |      |       |         |
|---|------|---------------------------------------------------------------|------|-------|---------|
| # | 2003 | Copper Fit Knee Compression Sleeve w Kinesiology L 1Ct        | 1/EA | -     | \$24.99 |
| # | 1124 | CURAD Cushion Compression Sock 15-20mmHg Blk B Reg 1Pr        | 1/EA | Black | \$24.99 |
| # | 1122 | CURAD Cushion Compression Sock 15-20mmHg Blk C Reg 1Pr        | 1/EA | Black | \$24.99 |
| # | 1125 | CURAD Cushion Compression Sock 15-20mmHg Wh B Reg 1Pr         | 1/EA | White | \$23.59 |
| # | 1123 | CURAD Cushion Compression Sock 15-20mmHg Wh C Reg 1Pr         | 1/EA | White | \$22.99 |
| # | 1126 | CURAD Knee Compression Hosiery 8-15mmHg Blk Lg Regular 1Pr    | 1/EA | Black | \$10.99 |
| # | 1128 | CURAD Knee Compression Hosiery 8-15mmHg Blk M Reg 1Pr         | 1/EA | Black | \$14.99 |
| # | 1130 | CURAD Knee Compression Hosiery 8-15mmHg Blk Sm Reg 1Pr        | 1/EA | Beige | \$12.99 |
| # | 1127 | CURAD Knee Compression Hosiery 8-15mmHg Tan Lg Regular 1Pr    | 1/EA | Tan   | \$9.99  |
| # | 1129 | CURAD Knee Compression Hosiery 8-15mmHg Tan M Regular 1Pr     | 1/EA | Tan   | \$12.99 |
| # | 1131 | CURAD Knee Compression Hosiery 8-15mmHg Tan Small Regular 1Pr | 1/EA | Tan   | \$12.99 |
| # | 3432 | EMS Knee-High Anti-Embolism Stocking L Regular 1Pr            | 1/PR | White | \$6.99  |
| # | 3431 | EMS Knee-High Anti-Embolism Stocking M Long 1Pr               | 1/PR | White | \$6.99  |
| # | 3424 | EMS Knee-High Anti-Embolism Stocking S Regular 1Pr            | 1/PR | White | \$6.99  |
| # | 3430 | EMS Knee-High Anti-Embolism Stocking XL Regular 1Pr           | 1/PR | White | \$6.99  |



### **CURAD Cushion Compression Sock 15-20mmHg Wh B Reg 1Pr**

Hospital-quality compression hosiery made of a nylon/spandex/cotton blend for gentle support and light, graduated compression. Knee-high style. Cushioned foot for extra comfort.

1125

## Eye & Ear Care

| Item No. | Description                                         | Pkg.  | Ounce | Price    |
|----------|-----------------------------------------------------|-------|-------|----------|
| 3457     | Medline Sterile Ear Bulb Red 2oz Reusable 1Ct       | 1/EA  | 2     | \$4.99   |
| 3393     | Biotrue Multi-Purpose Contact Solution 4oz 24Ct     | 24/CS | 4     | \$259.99 |
| 1630     | Artificial Tears Lubricant Eye Drops 1/2oz 1Ct      | 1/EA  | 0.5   | \$4.99   |
| 1035     | Dr. Sheffield's Ear Wax Removal Drops 15mL 1Ct      | 1/EA  | 0.5   | \$3.99   |
| 2230     | Multipurpose No Rub Contact Lens Solution 12oz 1Ct  | 1/BT  | 12    | \$5.99   |
| 1036     | GoodSense Irritation Relief Eye Drops 15 mL 1Ct     | 1/EA  | 0.5   | \$3.99   |
| 3422     | Swim-EAR Drops 1oz                                  | 1/EA  | 1     | \$7.99   |
| 3409     | Advanced Eye Relief Wash Solution 4oz               | 1/EA  | 4     | \$8.99   |
| 1920     | Medline Eye Pillow                                  | 1/EA  | -     | \$9.99   |
| 1040     | Redness Reliever Eye Drops 0.5oz 1Ct                | 1/BT  | 0.5   | \$4.99   |
| 3379     | Unisex Reading Glasses +1.00                        | 1/EA  | -     | \$17.99  |
| 3380     | Unisex Reading Glasses +1.25                        | 1/EA  | -     | \$17.99  |
| 3365     | Unisex Reading Glasses +1.50                        | 1/EA  | -     | \$17.99  |
| 3366     | Unisex Reading Glasses +1.75                        | 1/EA  | -     | \$17.99  |
| 3367     | Unisex Reading Glasses +2.00                        | 1/EA  | -     | \$17.99  |
| 3368     | Unisex Reading Glasses +2.25                        | 1/EA  | -     | \$17.99  |
| 3369     | Unisex Reading Glasses +2.50                        | 1/EA  | -     | \$17.99  |
| 3381     | Unisex Reading Glasses +2.75                        | 1/EA  | -     | \$17.99  |
| 3370     | Unisex Reading Glasses +3.00                        | 1/EA  | -     | \$17.99  |
| 3371     | Unisex Reading Glasses +3.25                        | 1/EA  | -     | \$17.99  |
| 3372     | Unisex Reading Glasses +3.50                        | 1/EA  | -     | \$17.99  |
| 3382     | Unisex Reading Glasses +4.00                        | 1/EA  | -     | \$17.99  |
| 1037     | Ketotifen Fumarate Eye Itch Relief Drops 0.17oz 1Ct | 1/EA  | 0.17  | \$12.99  |

## Feminine Care

| Item No. | Description                                      | Pkg.  | Absorbency | Price   |
|----------|--------------------------------------------------|-------|------------|---------|
| * 3363   | Prevail 13in Bladder Control Liner Pads 39Ct     | 39/BG | Maximum    | \$19.99 |
| 3410     | Tioconazole 1 Vaginal Antifungal Ointment 0.16oz | 1/EA  | -          | \$16.99 |

## Hand Sanitizers

| Item No. | Description                                            | Pkg. | Ounce | Price   |
|----------|--------------------------------------------------------|------|-------|---------|
| 3471     | Sterillium Comfort Gel Hand Sanitizer Manual Dispenser | 1/EA | -     | \$28.99 |
| 1070     | Germ-X Moisturizing Hand Sanitizer 8oz                 | 1/EA | 8     | \$4.99  |

## Leg & Foot Care

| Item No. | Description                                             | Pkg. | Size               | Price   |
|----------|---------------------------------------------------------|------|--------------------|---------|
| 1132     | CURAD Mediplast Wart Remover Pads 2x3 1Ct               | 1/EA | -                  | \$2.99  |
| 1433     | GoodSense Corn Cushions 9Ct                             | 1/PK | Universal          | \$5.99  |
| 1664     | GoodSense Medicated Corn Removers 9Ct                   | 1/PK | -                  | \$4.99  |
| 2152     | Jobst Sensifoot Diabetic Crew Socks 8-15mmHg Bk L 1Pr   | 1/PR | Large              | \$29.99 |
| 1440     | Medline Gel Hallux Bunion Guard 1Ct                     | 1/EA | One Size Fits Most | \$5.99  |
| 3395     | Aloe Vesta Treat Clear Antifungal Ointment 2oz          | 1/EA | -                  | \$8.99  |
| 2157     | Jobst Sensifoot Over-the-Calf Diabetic Sock Black M 1Pr | 1/PR | Medium             | \$15.99 |
| 2158     | Jobst Sensifoot Over-the-Calf Diabetic Sock Black S 1Pr | 1/PR | Small              | \$14.99 |
| 2189     | Shower-Safe Leg Cast Protector Large 1Ct                | 1/EA | Large              | \$18.99 |
| 3364     | Diabetic Defense Daily Foot Moisturizer 4oz 1Ct         | 1/EA | -                  | \$13.99 |

## Oral Care

| Item No. | Description                                           | Pkg.  | Color      | Price   |
|----------|-------------------------------------------------------|-------|------------|---------|
| 3490     | Colgate 360 Sonic Replacement Brush Heads Soft 2Ct    | 1/EA  | -          | \$13.99 |
| 2227     | Medline SparkleFresh Denture Adhesive Cream 2.4oz 1Ct | 1/EA  | -          | \$5.99  |
| 1155     | Denture Cleanser Tablets 90Ct                         | 90/BX | -          | \$8.25  |
| 1480     | Biotene Alcohol-Free Dry Mouth Mouthwash 16oz 1Ct     | 1/EA  | -          | \$13.99 |
| 3473     | Economy Oral Care Kit with Mouth Rinse 1Ct            | 1/EA  | -          | \$2.99  |
| 2229     | Colgate Adult Toothbrush Soft 1Ct                     | 1/EA  | White      | \$1.99  |
| 1883     | Medline Premium Wrapped Adult Toothbrush 1Ct          | 1/EA  | Blue/White | \$1.99  |

|      |                                                              |      |            |         |
|------|--------------------------------------------------------------|------|------------|---------|
| 1483 | Biotene Dry Mouth Fluoride Toothpaste 4.3oz 1Ct              | 1/EA | -          | \$10.99 |
| 2228 | Colgate Fluoride Toothpaste 2.5oz Tube 1Ct                   | 1/EA | -          | \$2.99  |
| 3418 | Colgate Toothpaste Travel-Size Tube 1Ct                      | 1/EA | -          | \$0.99  |
| 1494 | Fresh Mint Sensitive Teeth Toothpaste 4.3oz 1Ct              | 1/TB | -          | \$6.49  |
| 1700 | Super Poligrip Denture Adhesive Cream 2.4oz 2Ct              | 2/PK | -          | \$18.99 |
| 1160 | Dr. Sheffield's Oral Toothache Relief Gel .33oz 1Ct          | 1/TB | -          | \$2.99  |
| 1156 | Fixodent Denture Adhesive Cream 2.4oz 1Ct                    | 1/EA | -          | \$9.49  |
| 1150 | Colgate Optic White Battery Powered Toothbrush 1Ct           | 1/EA | White      | \$9.99  |
| 1479 | Aim Cavity Protection Mint Gel Toothpaste 5.5oz 1Ct          | 1/TB | -          | \$1.99  |
| 1161 | Pepsodent Complete Care Toothpaste 5.5oz 1Ct                 | 1/TB | -          | \$4.99  |
| 1157 | GoodSense Mint Flossers 90Ct                                 | 1/BG | -          | \$2.99  |
| 1874 | Conair Interplak Dental Water Jet and Tips 1 Kit             | 1/EA | -          | \$37.99 |
| 1875 | Conair Interplak Refill Tips for Dental Water Jet 5Ct        | 5/PK | White      | \$10.99 |
| 1149 | Conair InterPlak Rechargeable Cordless Toothbrush 1Ct        | 1/EA | White/Blue | \$29.99 |
| 1488 | InterPlak Rechargeable Toothbrush Replacement Heads 2Ct      | 2/PK | White      | \$14.99 |
| 1011 | Abreva Cold Sore Treatment 2g Tube 1Ct                       | 1/EA | -          | \$32.99 |
| 3412 | Tube Squeezer 1Ct                                            | 1/EA | White      | \$9.99  |
| 3321 | Crest Cavity Protection Toothpaste 4.2oz                     | 1/EA | -          | \$4.99  |
| 1879 | Polident 3 Minute Antibacterial Daily Denture Cleanser 240Ct | 1/PK | -          | \$19.99 |
| 2261 | Sensodyne Rapid Relief Whitening Toothpaste 3.4oz 1Ct        | 1/EA | White      | \$10.99 |
| 1876 | Denture Brush With Easy-Grip Handle Medium 1Ct               | 1/PK | Multicolor | \$2.99  |
| 1882 | Adult Toothbrush with Soft Bristles Twin-Pack                | 1/PK | -          | \$3.99  |
| 1929 | Disposable Tongue Scraper with Brush Twin-Pack               | 1/PK | Multicolor | \$0.99  |



### **Conair InterPlak Rechargeable Cordless Toothbrush 1Ct**

Opticlean power plaque remover has a triple-action brush head that cleans and polishes teeth. Compact recharging base plus 2 brush heads with color rings included.

1149

## Skin Care + Hair Care

| Item No. | Description                                                     | Pkg.  | Ounce | Price    |
|----------|-----------------------------------------------------------------|-------|-------|----------|
| 1525     | Soothe & Cool Moisturize Skin Cream with Aloe 8oz 1Ct           | 1/EA  | 8     | \$6.99   |
| 1115     | Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct          | 1/EA  | 4     | \$9.99   |
| 2046     | Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1Ct        | 1/EA  | 4     | \$6.99   |
| 3437     | CURAD Sterile Cotton Balls 1in 130Ct                            | 24/CS | -     | \$119.99 |
| 1645     | Major Calamine Lotion 6oz 1Ct                                   | 1/BT  | 6     | \$4.99   |
| 1250     | Medline Soothe & Cool Moisturize Body Lotion 8oz 1Ct            | 1/EA  | 8     | \$3.99   |
| 3360     | Medline Soothe & Cool No-Rinse Body Cleanser 8oz 1Ct            | 1/EA  | 8     | \$2.99   |
| 1717     | Medline Soothe & Cool Protect Vitamin A&D Skin Ointment 4oz 1Ct | 1/EA  | 4     | \$3.99   |
| 1106     | CURAD Vitamin A&D Ointment 2oz Tube 1Ct                         | 1/EA  | 2     | \$2.99   |
| 1252     | Solar Screen SPF 30 Ultra Sunscreen Lotion 8oz 1Ct              | 1/BT  | 8     | \$5.99   |
| 1647     | Simply Soft Cotton Swabs 300Ct                                  | 1/PK  | -     | \$4.99   |
| 3419     | Aloe Vesta Perineal/Skin Cleanser 8oz 1Ct                       | 1/EA  | 8     | \$5.99   |
| 1404     | CareAll Petroleum Jelly 4oz 1Ct                                 | 1/EA  | 4     | \$2.99   |
| 1241     | Benzoyl Peroxide Acne Medication Gel 1.5oz 1Ct                  | 1/EA  | 1.5   | \$12.99  |



2046

### Remedy Intensive Skin Hydraguard-D Barrier Cream 4oz 1C

Silicone barrier cream with 12.5% dimethicone creates a breathable, water-resistant film that moisturizes and soothes. Unscented.



1115

### Remedy Phytoplex Z-Guard Skin Protectant Paste 4oz 1Ct

Soothing botanical formulation for skin with prolonged exposure to moisture contains no menthol or analgesics. Ideal for continence care.



1250

### Medline Soothe & Cool Moisturize Body Lotion 8oz 1Ct

All-over body lotion enhanced with aloe helps nourish skin. Great for use after bath or shower. Smooths on easily with no greasy feeling. Lightly scented.

## Wipes & Cloths

| Item No. | Description                                            | Pkg.   | Container Type              | Price   |
|----------|--------------------------------------------------------|--------|-----------------------------|---------|
| 3396     | B-Sure Traveler Witch Hazel Towelettes 20Ct            | 20/BX  | Individually Wrapped        | \$11.99 |
| 3405     | Dynarex BZK Antiseptic Towelettes 100Ct                | 100/BX | Individually Wrapped        | \$4.99  |
| 3361     | Aloetouch SELECT Premium Wipes 8x12 Scented 48Ct       | 1/PK   | Tub                         | \$4.99  |
| * 1858   | Medline FitRight Aloe Personal Wipes Unscented 100Ct   | 1/PK   | Soft Pack with Flip Top Lid | \$5.99  |
| * 1116   | ReadyFlush Biodegradable Flushable Wipes Scented 24 Ct | 1/PK   | Soft Pack                   | \$2.99  |

# Respiratory

## Oxygen Therapy

| Item No. | Description                                           | Pkg. | - | Price   |
|----------|-------------------------------------------------------|------|---|---------|
| 1996     | Crane Droplet Ultrasonic Cool Mist Humidifier 1Ct     | 1/EA | - | \$57.99 |
| 1936     | Crane 2-in-1 Warm Mist Humidifier / Steam Inhaler 1Ct | 1/EA | - | \$52.99 |
| ‡ 1097   | Soft-Touch Finger Pulse Oximeter                      | 1/EA | - | \$24.99 |



1858

### \* Medline FitRight Aloe Personal Wipes Unscented 100Ct

Soft 8x12 inch wipes with a touch of aloe are ideal for everyday use and incontinence care. Hypoallergenic, fragrance-free. Do not flush in toilet.



1116

### \* ReadyFlush Biodegradable Flushable Wipes Scented 24 Ct

Generously sized 8x12 inch wet wipes clean, moisturize and soothe skin. Hypoallergenic, pH balanced and alcohol-free. Safe for sewer and septic systems.

# Vitamins & Supplements

## Fish Oils & Omegas

| Item No. | Description                   | Pkg. | Strength | Price  |
|----------|-------------------------------|------|----------|--------|
| # 3378   | Fish Oil Softgels 1000mg 90Ct | 1/BT | 1000 mg  | \$7.99 |

## Letter Vitamins

| Item No. | Description                                       | Pkg. | Strength | Price  |
|----------|---------------------------------------------------|------|----------|--------|
| # 2063   | Beta Carotene 25,000 IU With Vitamin A 100Ct      | 1/BT | 25000 IU | \$7.99 |
| # 1271   | Folic Acid Supplement 400mcg 100Ct                | 1/BT | 400 mcg  | \$4.99 |
| # 1753   | Vitamin B Complex Tablets 100Ct                   | 1/BT | -        | \$5.99 |
| # 2073   | 21st Century Vitamin B Complex w/ Vitamin C 100Ct | 1/BT | -        | \$7.99 |
| # 3400   | GeriCare Vitamin B-1 Thiamin Tablet 100mg 100Ct   | 1/BT | 100 mg   | \$3.99 |
| # 1289   | Vitamin B12 Tablet 1,000mcg 100Ct                 | 1/BT | 1000 mcg | \$5.99 |
| # 1291   | Vitamin B12 Tablet 500mcg 100Ct                   | 1/BT | 500 mcg  | \$5.99 |
| # 1293   | Vitamin C Ascorbic Acid Tablet 500mg 100Ct        | 1/BT | 500 mg   | \$4.99 |
| # 3329   | Vitamin C Tablet 250mg 100Ct                      | 1/BT | 250 mg   | \$3.99 |
| # 2233   | Vitamin D3 Softgel 2000IU 100Ct                   | 1/BT | 2000 IU  | \$7.99 |
| # 1294   | Vitamin D3 Tablet 1,000IU 100Ct                   | 1/BT | 1000 IU  | \$4.99 |
| # 1295   | Vitamin D3 Tablets 50mcg 250Ct                    | 1/BT | 2000 IU  | \$6.99 |
| # 2078   | Vitamin E Softgel 90mg 100Ct                      | 1/BT | 90 mg    | \$8.99 |
| # 1286   | 21st Century Vitamin A Softgels 10,000IU 110Ct    | 1/EA | 10000 IU | \$7.99 |
| # 1751   | ImmuBlast Immune System Chewable Tablet 32Ct      | 1/BT | -        | \$5.99 |
| # 2076   | 21st Century Vitamin C 500mg Tablets 250Ct        | 1/BT | 500 mg   | \$7.99 |
| # 1752   | Niacin B Vitamin Tablets 100mg 100Ct              | 1/BT | 100 mg   | \$6.99 |
| # 1278   | Niacin Tablets 500mg 100Ct                        | 1/EA | 500 mg   | \$6.99 |
| # 1292   | GeriCare Vitamin B-6 Tablet 100mg 100Ct           | 1/EA | 100 mg   | \$5.99 |

## Minerals

|   | Item No. | Description                             | Pkg. | Strength | Price  |
|---|----------|-----------------------------------------|------|----------|--------|
| + | 1269     | Ferrous Sulfate Iron Tablet 325mg 100Ct | 1/BT | 325 mg   | \$4.99 |
| + | 1274     | PlusPharma Magnesium Oxide 400 mg 120Ct | 1/BT | 400 mg   | \$6.99 |

## Multivitamins

|   | Item No. | Description                                                                    | Pkg. | Form   | Price   |
|---|----------|--------------------------------------------------------------------------------|------|--------|---------|
| + | 1277     | PlusPharma High Potency Daily Multivitamin Tablet 100Ct                        | 1/BT | Tablet | \$5.49  |
| + | 1261     | Multivitamin with Minerals for Seniors Age 50+ 100Ct                           | 1/BT | Tablet | \$7.99  |
| + | 2252     | Multivitamin with Minerals for Seniors Age 50+ 60Ct                            | 1/BT | Tablet | \$14.99 |
| + | 1276     | Sentry Multivitamin with Minerals 130Ct                                        | 1/BT | Tablet | \$7.99  |
| + | 1284     | Rena-Vite Multivitamin Tablet for Renal Patients 100Ct                         | 1/EA | Tablet | \$12.99 |
| + | 1744     | Yum-V's Adult Gummy Multivitamins 60Ct                                         | 1/BT | Gummy  | \$9.99  |
| + | 1267     | 21st Century Healthy Eyes Multivitamin and Mineral Supplement with Lutein 60Ct | 1/BT | Tablet | \$4.99  |

## Nutrition Management

|  | Item No. | Description                                 | Pkg.  | Ounce | Price   |
|--|----------|---------------------------------------------|-------|-------|---------|
|  | 3331     | Glucerna Chocolate Nutrition Shake 8oz 24Ct | 24/CS | 8     | \$58.99 |
|  | 3330     | Glucerna Vanilla Nutritional Shake 8oz 24Ct | 24/CS | 8     | \$58.99 |

## Probiotics

|  | Item No. | Description                        | Pkg. | Strength | Price   |
|--|----------|------------------------------------|------|----------|---------|
|  | 2318     | Oral Probiotic Capsules 250mg 50Ct | 1/BT | 250 mg   | \$20.49 |

## Supplements

|   | Item No. | Description                     | Pkg. | Strength | Price  |
|---|----------|---------------------------------|------|----------|--------|
| + | 1265     | Coenzyme Q10 Softgel 100mg 30Ct | 1/BT | 100 mg   | \$8.99 |

|   |      |                                                                       |      |                 |         |
|---|------|-----------------------------------------------------------------------|------|-----------------|---------|
| # | 1226 | Major Lactase Dairy Digestive Aid Caplets 9,000FCC 32Ct               | 1/BX | 9000 FCC        | \$9.99  |
| # | 2248 | Omega-3 Fish Oil Softgels 1000mg 60Ct                                 | 1/BT | 1000 mg         | \$4.99  |
| # | 3416 | Flaxseed Oil Softgel 1000mg 60Ct                                      | 1/BT | 1000 mg         | \$5.99  |
| # | 3333 | Nature's Blend Garlic Oil 500mg 100Ct                                 | 1/BT | 500 mg          | \$9.99  |
| # | 1272 | Glucosamine 500mg and Chondroitin 400mg Caplet 60Ct                   | 1/BT | 500 mg + 400 mg | \$9.99  |
| # | 3327 | Natrol Advanced Sleep Melatonin Maximum Strength 10mg 60Ct            | 1/BT | 10 mg           | \$13.99 |
| # | 3326 | Natrol Melatonin TR Time Release 3mg 100Ct                            | 1/BT | 3 mg            | \$10.99 |
| # | 3397 | PlusPharma Melatonin Sleep Aid 3mg 60Ct                               | 1/BT | 3 mg            | \$3.99  |
| # | 1275 | PlusPharma Melatonin Tablets 5mg 30Ct                                 | 1/BT | 5 mg            | \$4.99  |
| # | 3332 | Nature's Bounty Potassium 99mg 100Ct                                  | 1/BT | 99 mg           | \$7.99  |
| # | 3415 | Selenium Capsules 200mcg 60Ct                                         | 1/BT | 200 mcg         | \$4.99  |
| # | 1233 | Natural Psyllium Fiber Powder Supplement 13oz 1Ct                     | 1/EA | -               | \$11.99 |
| # | 2260 | Natural Psyllium Fiber Powder Supplement Orange 13oz 1Ct              | 1/EA | -               | \$9.99  |
| # | 1757 | True Plus Glucose Chewable Tablet 4g 50Ct                             | 1/BT | 4 g             | \$5.99  |
| # | 1258 | Biotin Dietary Supplement Tablets 500mcg 60Ct                         | 1/BT | 500 mcg         | \$6.49  |
| # | 1266 | 21st Century DHEA Tablets 25mg 90Ct                                   | 1/BT | 25 mg           | \$11.99 |
| # | 1259 | Calcium Tablet 600mg 150Ct                                            | 1/BT | 600 mg          | \$4.99  |
| # | 1260 | Calcium with Vitamin D3 Tablet 600mg 60Ct                             | 1/BT | 600 mg          | \$4.99  |
| # | 1748 | Chewable Calcium with Vitamin D3 Tablet 500mg 60Ct                    | 1/BT | 500 mg          | \$4.99  |
| # | 1281 | GeriCare Oyster Shell Calcium Tablets 500mg 100Ct                     | 1/BT | 500 mg          | \$5.99  |
| # | 1298 | Major Mega-Potency Zinc Tablet 50mg 100Ct                             | 1/EA | 50 mg           | \$5.99  |
| # | 3401 | GeriCare Zinc Sulfate Tablet 50mg 100Ct                               | 1/EA | 50 mg           | \$4.49  |
| # | 2061 | Antioxidant Support Dietary Supplement 60Ct                           | 1/BT | -               | \$9.99  |
| # | 1754 | GoodSense Chocolate Calcium Chews 650mg 60Ct                          | 1/EA | 650 mg          | \$7.99  |
| # | 2064 | Chromium Picolinate Tablets 200mcg 100Ct                              | 1/BT | 200 mcg         | \$8.99  |
| # | 2065 | 21st Century Glucosamine Chondroitin Triple Strength 750mg/600mg 60Ct | 1/BT | 750 mg + 600 mg | \$10.99 |
| # | 1755 | 21st Century Triple Strength Glucosamine & Chondroitin 750mg 100Ct    | 1/BT | 750 mg + 600 mg | \$24.99 |
| # | 2235 | Garden Greens Probiotic Fiber Gummies 120Ct                           | 1/BT | -               | \$17.99 |
| # | 2067 | 21st Century Iron Ferrous Gluconate Tablet 27mg 100Ct                 | 1/BT | 27 mg           | \$4.99  |

**STEP 1 Provide all your information below:**

OTC Benefit Card #

Date of Birth (MM/DD/YYYY)

Member ID

First Name

Last Name

Street #

Street Name

Apt/Suite #

City

State

ZIP Code

Phone

Email

**STEP 2 Pick your products**

| Item # | Product Description                                                                 | Quantity | Price |
|--------|-------------------------------------------------------------------------------------|----------|-------|
| 1      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 2      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 3      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 4      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 5      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 6      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 7      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 8      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 9      | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |
| 10     | <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> |          | \$    |

Total Order: \$

**STEP 3 Place your order**
**OTC Servicing Center, 1200 Townline Rd, Mundelein, IL, 60060**

If you place your order by mail using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29, but we received it on July 1, your order total will be applied to the benefit period in which we receive it

## About Mail Orders

- A mail order form may take up to 4 weeks to process.
- If your total amount exceeds your current available benefit balance, we will remove the last items added to the form until it is within your benefit balance.
- Cash, checks, credit cards or money orders are not accepted via mail.
- If your mail order includes any out-of-stock items, the order will be processed without out-of-stock items.
- To receive your order faster, place it online at: **[thpmp.org/order-OTC](https://thpmp.org/order-OTC)**
- If you have any questions or need help placing your order, call Medline atHome OTC benefits customer service at 833-569-2168 (TTY: 711). They're available Monday-Friday, 8 a.m.–7 p.m. ET

\*Under certain circumstances these items may be covered under either Part B or Part D. When an item is covered by Part B or D due to particular circumstances, you would not use your OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

‡Dual-purpose items are medicines and products that can be used either for a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

The products listed in this catalog are subject to change. Items, quantities, sizes, and values may vary depending on availability. This information is not a complete description of benefits.

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