

“Meijer has gone above and beyond in ensuring I have the resources I need to grow my career. I’m grateful for that.”

Meijer Benefits

Meijer places our customers first by rewarding our Team Members, so they are encouraged to be their best selves. We create a diverse and passionate culture – engaging leaders at all levels to win with their teams.

A career at Meijer is more than a way to pay the bills. We provide a variety of benefits that contribute to a positive work-life balance.



Team Members are more than just their work. Our benefits support their work-life balance and celebrate who they are.

- mTeam
- Meijer Impact
- Paid Time Off
- Meijer Heritage Center
- Service Recognition Dinners/Years of Service Awards
- Diversity and Inclusion
- Paid Parental Leave
- Child and Eldercare Support



Our investment in your finances is about more than your paycheck. The financial benefits we offer help you stretch your dollar and care for your family.

- mPerks
- Meijer Family Matters
- 401(k)
- Team Member Discount
- Flexible Spending Accounts
- Short- and Long-Term Disability
- Life and AD&D insurance
 - Scholarships
 - Adoption Assistance
 - Educational Assistance



Our health and wellness benefits go beyond healthcare. We care about your wellbeing and provide a range of benefits to support you and your family's physical and mental health.

- Be Healthy Wellness Program
 - Tobacco Cessation
- Medical, Dental, and Vision Insurance
- Additional Benefits (e.g. accident, critical illness, hospital indemnity)
 - Online Visits



Whether you want to grow in your current role or prepare for your next role, our career benefits help you reach your goals.

- Grow with Meijer
- Leadership Development
- mCulture Survey
- Intern Program
- Training and Development
 - Competencies