

YOU BELONG HERE

# Benefits

Check out the perks of being part of our Texas Health family. Join us today!

**At Texas Health, we're looking for top-notch people like you to make a difference in our communities every day.**

We work hard to provide our team members with thoughtfully selected, quality benefits. As part of our Texas Health family, you'll enjoy a well-rounded choice of health and wellness programs to help you achieve a healthy and balanced life.

*While you're taking excellent care of our patients, we take care of you.*

We're talking a generous 401(k) program with match, paid time off and time to volunteer in your community, competitive health care choices, wellness programs to keep you and your family healthy and much more.



## 401(k) Retirement Plan

Join the 401(k) Retirement Plan anytime and make pre-tax or Roth after-tax contributions. After one year of service, get a Texas Health match up to 6% of pay, starting with 75 cents for every dollar contributed. And it goes up from there.

## Paid Time Off (PTO)

We all need time away and our PTO is just what the doctor ordered. And, this generous benefit increases with years of service.

## Community Time Off (CTO)

Get paid to volunteer! Volunteerism supports our mission to improve the health of the people in the communities we serve. We partner with local non-profit groups to help you help your community.

## Leaves of Absence

Whether you take extended time off for military service or to stay at home and bond with a newborn, or to care for yourself or a loved one, Texas Health provides eligible employees paid time-off benefits and various leave options.

## Tuition Reimbursement

Attending school can open many doors for your career, but paying for school can be a big challenge. Texas Health reimburses tuition and fees for approved degree plans that benefit Texas Health or your position at Texas Health.

## Student Loan Forgiveness Program

We help eligible Texas Health employees pay off their student loans faster. Plus we offer other financial resources to help you reach your financial goals while you do your life's best work with us.

## Health Care Benefits

**Medical** Choose from 5 medical plan options, including 2 HDHPs that come with a Health Savings Account and 3 EPOs

**Dental** Take your pick of 2 dental plan options through Aetna; 2 PPOs and a dental HMO.

**Vision** Take advantage of our eye-opening vision plan through Superior Vision.

## Wellness Programs

Our wellness programs and resources help you sustain the energy and focus you need to take care of the ones you love. Through our **Be Healthy** program, eligible employees can utilize tools and resources to get and stay healthy and earn rewards on top of that.

**Virgin Pulse** provides an interactive, online and mobile wellness program to help you meet your health goals. Complete healthy activities and redeem **Be Healthy** rewards.

With our **Employee Assistance Program** all employees can utilize our voluntary, confidential program. You and your dependents have access to unlimited telephone counseling and up to six face-to-face visits with a counselor per issue, per year.

The Texas Health **Healthy Pregnancy Program** offers tools and resources to provide support through pregnancy. Plus you can earn rewards.

Need a health coach? **Real Appeal\*** weight management program provides personal coaching and tools to help you make healthy lifestyle changes. It includes weekly online sessions and a great toolkit to help you succeed.

Our **Tobacco Cessation Program** encourages employees and their dependents to stop using tobacco. It's free and includes nicotine replacement therapy and counseling.

\*Available through UnitedHealthcare plan options

-Employment opportunities are only reflective of wholly owned Texas Health Resources entities.

We are an Equal Opportunity Employer and do not discriminate against any employees or applicant for employment because of race, color, sex, age, national origin, religion, sexual orientation, gender identity, status as a veteran, and basis of disability or any other federal, state or local protected class. [LEARN MORE](#)

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