



2021 Essentials+ Catalog

Shop Products with Your UnitedHealthcare®
Over-The-Counter Credits

Your OTC Benefit

Shop products from this Essentials+ Over-the-Counter (OTC) Catalog

As part of your UnitedHealthcare OTC benefit, you get credits to spend on over-the-counter products. Use your credits to shop toothpaste, pain relief, vitamins, cough drops and more. It's all included with your health plan at no cost to you.

How it Works

1. Credits are added to your OTC account every three months.
2. Use your credits to buy approved over-the-counter products.
3. Credits expire every three months: Mar. 31, June 30, Sept. 30 and Dec. 31 or at the end of the year, depending on the plan.

Choose How You Shop OTC Products



Order by mail.



Order on website or app.



Order by phone.

Allergy Relief



Allergy Relief Children's Liquid
Compares to Children's Benadryl® Allergy Liquid. Cherry flavor.

2969 \$6.00 **Limit 5**
4 fl. oz.



Allergy Relief Cetirizine—All Day
Compares to Zyrtec®. May help relieve allergy symptoms for 24 hours.

3204*** \$10.00 **Limit 5**
30 tablets
3202*** \$15.00 **Limit 5**
90 tablets

Allergy Relief Tablets—24 Hour
Compares to Allegra® Allergy.

3088*** \$15.00 **Limit 5**
30 tablets

Allergy Relief Tablets—4 Hour
Compares to Chlor-Trimeton®. Antihistamine.

3167*** \$5.00 **Limit 5**
24 tablets

Levocetirizine 5 mg
Compares to Xzyl®. May provide allergy relief. 24 hour.

1358*** \$18.00 **Limit 5**
35 tablets



Allergy Relief Loratadine
Compares to Claritin®. May help relieve sneezing, runny nose and itchy, watery eyes.

3235*** \$6.00 **Limit 5**
30 tablets 10 mg
2784*** \$13.00 **Limit 5**
4 fl. oz. 5 mg Sugar-free



Allergy Relief Minitabs
Compares to Benadryl® Allergy Ultratab®.

3282 \$5.00 **Limit 5**
24 minitabs
3193 \$9.00 **Limit 5**
100 caplets

Cough, Cold and Flu



Vicks® DayQuil™ Cold & Flu
May help relieve cold and flu symptoms. Non-drowsy.

New **4512** \$10.00 **Limit 3**
24 LiquiCaps™

Cold & Flu—Daytime
Compares to DayQuil® Cold & Flu.

3074 \$6.00 **Limit 3**
12 fl. oz.



Cold & Flu—Nighttime
Compares to Vicks® Nyquil Cold & Flu. Nighttime cold and flu relief from aches, fever, cough, sneezing, runny nose.

1657 \$7.00 **Limit 3**
12 fl. oz.



Sore Throat Spray—Sugar-Free
Compares to Chloraseptic®. For temporary relief of minor sore throat and mouth pain.

3119 \$5.00 **Limit 3**
6 fl. oz. Menthol flavor
2943 \$5.00 **Limit 3**
6 fl. oz. Cherry flavor

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Cough, Cold and Flu (continued)

	Medicated Chest Rub Compares to Vicks® Vaporub®.	2972 3.53 oz.	\$4.00	Limit 3
	DM Cough Syrup—Sugar-Free Controls cough. Loosens and relieves chest congestion.	3364 4 fl. oz.	\$6.00	Limit 3
		3360 16 fl. oz.	\$9.00	Limit 3
	Cold Multi-Symptom—Day and Night	3001 12 daytime and 8 nighttime caplets	\$6.00	Limit 3
	Cough & Cold Relief—High Blood Pressure Compares to Coricidin® HBP Cough & Cold. Active ingredients: Chlorpheniramine maleate 4 mg, Dextromethorphan HBr 30 mg.	2135 16 tablets	\$6.00	Limit 3
	Cepacol® Extra Strength Lozenges Honey-Lemon flavor.	New 7456 16 lozenges	\$6.00	Limit 3
	Sore Throat Lozenges Compares to Cepacol®. Cherry flavor.	2837 18 lozenges	\$5.00	Limit 3
	Cough Drops—Regular Compares to Halls®. Honey-Lemon flavor.	3082 2 pks. of 30 drops	\$3.00	Limit 3
	Cough Drops—Sugar-Free Compares to Halls®. Black Cherry flavor.	3081 2 pks. of 25 drops	\$4.00	Limit 3
	Robafen CF Cough & Cold Compares to Robitussin® CF. May help relieve cough, stuffy nose and chest congestion.	3375 4 fl. oz.	\$6.00	Limit 3
Nasal / Mucus Relief				
	Mucus Relief—Guaifenesin 400 mg May help relieve chest congestion.	3355 100 tablets	\$12.00	Limit 3
	Guaifenesin 600 mg + DM 30 mg Compares to Maximum Strength Mucinex® DM. Controls cough, thins and loosens mucus.	4862 40 tablets	\$25.00	Limit 3
	Nasal Decongestant Spray Compares to Afrin®. 12-hour.	3216 1 fl. oz.	\$4.00	Limit 3

	Saline Nasal Spray Compares to Ocean® moisturizing nasal spray.	3244 3 fl. oz.	\$4.00	Limit 5
	Fluticasone Nasal Spray 50 mcg Compares to Flonase®, 24 hour relief of nasal congestion.	3056 120 sprays	\$24.00	Limit 3
	Nasal Decongestant PE Compares to Sudafed PE® Nasal Decongestant.	3370 36 tablets	\$6.00	Limit 5
	Curad® Nasal Strips One size fits most.	2698 Clear 30 ct.	\$14.00	Limit 5

Stomach Remedies

Antacid Relief

	Antacid Liquid Compares to Maalox® Regular Strength. May help relieve heartburn and indigestion.	1884 12 fl. oz.	\$5.00	Mint flavor
	Antacid Plus Gas Relief Compares to Mylanta® Regular Strength.	1816 12 fl. oz.	\$5.00	
	Antacid Tablets Compares to TUMS®. May help relieve indigestion and heartburn.	1881 150 chewable tablets	\$5.00	Assorted fruit flavor
	Antacid Tablets—Extra Strength Compares to TUMS®.	1890 96 chewable tablets	\$5.00	Assorted fruit flavor
	Antacid & Pain Relief Effervescent Tablets Compares to Alka-Seltzer®.	3688 36 tablets	\$10.00	Limit 3
	Extra Strength Antacid Soft Chews May help relieve heartburn, sour stomach and acid indigestion.	1814 36 chews	\$5.00	Cherry flavor
	Prilosec OTC™ Acid Reducer.	New 3563*** 14 tablets	\$26.00	
	Omeprazole Magnesium Acid Reducer Compares to Prilosec OTC®. May help treat frequent heartburn.	1856*** 42 capsules	\$24.00	

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Antacid Relief (continued)



Acid Reducer Famotidine
Compares to Original Strength
Pepcid® AC. May help with heartburn.

1878* \$8.00**
30 tablets



Lansoprazole Acid Reducer
Compares to Prevacid® 24 HR.
May help treat frequent heartburn.

1830* \$26.00**
42 capsules

Anti-Diarrheal Relief



Anti-Diarrheal Liquid
Compares to Imodium® A-D liquid.

1592 \$7.00 Limit 5
4 fl. oz.



Anti-Diarrheal Caplets
Compares to Imodium® A-D.

1603 \$4.00
12 caplets



Milk of Magnesia
Compares to Phillips®.

1624 \$5.00
12 fl. oz

Digestive Health



Stool Softener Softgels
Compares to Colace®.

1558 \$5.00
100 softgels

ClearLax® Powder
Compares to Miralax®. May help relieve
occasional constipation and softens stool.

1619 \$9.00
4.1 oz.
1623 \$20.00
17.9 oz.



Laxative Natural Vegetable Tablets
Compares to Senokot®. Overnight
relief of occasional constipation.

1571 \$6.00
100 tablets

Saline Enema
For relief of occasional constipation. Latex-free.

1656 \$2.00
1 each



Metamucil® Sugar-Free Singles New
Individual serving packets. For
relief of occasional constipation.

1463 \$17.00
30 packets
Orange flavor



Natural Fiber Powder
Compares to Metamucil®.

1510 \$8.00
48 servings Sugar-free
Orange flavor

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Stomach / Gas Relief



Gas Relief Simethicone 80 mg
Compares to regular strength Gas-X®.

1783 \$9.00
100 chewable tablets



**Gas Relief Simethicone
125 mg Chewtabs**
Compares to Mylanta® Gas Relief.

1796 \$7.00
60 chewable tablets



Gas Relief Simethicone 180 mg
Compares to Ultra Strength
Phazyme®.

1792 \$8.00
60 softgels



Motion Sickness—Less Drowsy
Compares to Dramamine
Less Drowsy® Formula.

2623 \$3.00
8 tablets



Motion Sickness Tablets
Compares to Dramamine®
Original Formula.

2610 \$3.00
12 tablets



Nausea Relief
Compares to Emertrol®.

6231 \$6.00
4 fl. oz. Cherry flavor



Stomach Relief Bismuth Liquid
Compares to Pepto-Bismol®.

1579 \$4.00
8 fl. oz.



Stomach Relief Chewable Tablets
Compares to Pepto-Bismol®.

1584 \$4.00
30 tablets



Dairy Aid®
Compares to Lactaid®. May help
prevent gas, bloating or diarrhea.

1612 \$10.00
60 caplets

Pain Management



Hemorrhoid Relief

Medicated Pads
Compares to Tucks®. For temporary relief
of hemorrhoid-related irritation.

2753 \$7.00
100 pads

Hemorrhoidal Suppositories
Temporarily shrinks hemorrhoidal tissues.

3122 \$11.00
24 count

Hemorrhoidal Ointment
Compares to Preparation H®.

3138 \$6.00
2 oz.

Pain Relief

	Heated Pain Relief Pads Fast-acting heat provides 12 hours of relief. Single use. Do not adhere to skin, adhere to clothing only.	5317 4 pads	\$5.00
	Extra Strength Cold & Hot Pain Relief Therapy Patch Compares to Icy Hot® Patch. For temporary relief of minor aches and pains. 5 patches.	5309 Small (3" x 4.5") 6046 Large (3.93" x 7.87")	\$6.00 \$8.00
	Pain Relief Mask For relief of headaches, sinus pain and puffy eyes.	1135 1 mask	\$12.00
	Headache Cooling Patch Instant soothing, cooling relief that lasts for hours.	2865 3 patches	\$6.00
	Tylenol® Extra Strength 500 mg New Acetaminophen 500 mg.	6431 100 caplets	\$17.00 Limit 3
	Pain Relief Acetaminophen 325 mg Compares to Regular Strength Tylenol®.	2664 100 tablets	\$5.00 Limit 3
	Pain Relief Naproxen Sodium Compares to Aleve®. Strength to last 12 hours.	2760 100 tablets	\$8.00 Limit 3
	Pain Reliever—Nighttime Sleep Aid Compares to Extra Strength Tylenol® PM. Active ingredients: Acetaminophen 500 mg and Diphenhydramine HCl 25 mg per caplet.	2703 50 caplets	\$5.00
	Aspirin 81 mg Chewable Tablets Orange flavor.	2680 36 chewable tablets	\$2.00
Low Dose Enteric Coated Aspirin Compares to Bayer® Low Dose Aspirin 81 mg.		2716 120 tablets 2720 300 tablets	\$4.00 \$9.00
	Aspirin 325 mg Tablets Compares to Bayer® Aspirin.	5645 100 tablets	\$5.00
	Ibuprofen 200 mg Compares to Advil®.	2588 100 coated tablets	\$5.00 Limit 3

Pain Reliever Plus Compares to Excedrin®. Active ingredients: Acetaminophen 250 mg, Aspirin 250 mg (NSAID), and Caffeine 65mg per coated tablet.		2352 100 coated tablets	\$11.00
	Pain Relief Patch Maximum Strength with 4% Lidocaine.	2195 5 patches	\$11.00 Limit 3
Topical Pain Relief			
	ActivICE™ Temporary relief from muscle aches, joint and back pain. 8% menthol.	6123 3 oz. roll-on 7125 4 fl. oz. spray	\$8.00 \$9.00
Capsaicin Pain Relief Cream High-potency, odor-free, deep-penetrating.		2388 2.1 oz.	\$12.00
Ultra Strength Muscle Rub Pain relieving cream.		3113 3 oz.	\$7.00
Muscle and Joint Gel—Menthol 2.5% Compares to Vanishing Scent Bengay®.		3097 3 oz.	\$5.00
	Miconazole Cream—7 Day May help cure most vaginal yeast infections.	3099 1.5 oz.	\$11.00
Miconazole 3—3 Day Compares to Monistat® 3-Day Combo Pack. May help with vaginal yeast infections.		3087 3 applications	\$14.00
	Pain Relieving Gel 2% menthol.	2357 8 oz. 1011 16 oz.	\$7.00 \$12.00

Vitamins & Supplements 

Diabetic Supplements

	Diabetes Glucose Tablets May help raise low blood sugar. Chewable. Orange flavor.	2960* 50 tablets	\$6.00 Limit 5
	Diabetes Glucose Gel May help raise low blood sugar. Fruit Punch flavor.	2838* 6 packets 1.1 oz. each	\$17.00 Limit 5

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Multi-Vitamins



VitaJoy® Multivitamin
Assorted Fruit flavors.

2378* \$15.00 **Limit 5**
120 gummies

Supplement Facts

Serving Size: 2 Gummies Servings Per Bottle: 60

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories 15		Vitamin B6 (as pyridoxine HCl) 2 mg	100%
Total Carbohydrates 4 g	1%*	Folic Acid 400 mcg	100%
Sugars 2g	**	Vitamin B12 (as cyan cobalmine) 8 mcg	133%
Vitamin A (as retinyl acetate) 4000 IU	80%	Biotin 150 mcg	50%
Vitamin C (as ascorbic acid) 60 mg	100%	Pantothenic Acid (as d-calcium pantothenate) 10 mg	100%
Vitamin D3 (as cholecalciferol) 400 IU	100%	Iodine (as potassium iodide) 80 mcg	53%
Vitamin E (as DL-alpha tocopheryl acetate) 40 IU	133%	Zinc (as zinc sulfate) 5 mg	33%

* Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.



Multivitamin Gummies
Raspberry Flavor.

8623* \$10.00 **Limit 5**
60 jellies

Supplement Facts

Serving Size: 2 Jellies Servings Per Bottle: 30

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories 16		Pantothenic Acid (as calcium pantothenate) 10 mg	100%
Total Carbohydrates 4 g	1%	Vitamin B6 (as pyridoxine HCl) 4 mg	200%
Sugars 4g	**	Folate (as folic acid) 400 mcg	100%
Vitamin A (as all trans retinyl acetate) 2200 IU	44%	Vitamin B12 (as cyanocobalmine) 12 mcg	200%
Vitamin C (as ascorbic acid) 60 mg	100%	Iodine (as potassium iodide) 40 mcg	26%
Vitamin D (as cholecalciferol) 800 IU	200%	Zinc (as zinc citrate) 1 mg	6%
Vitamin E (as DL-alpha tocopheryl acetate) 15 IU	50%	Biolin 60 mcg	20%
Niacin (as niacinamide) 12 mg	60%		
Choline (as choline chloride) 60 mcg	**	Inositol 40 mcg	**

* Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established.



Multi-Vitamin + Mineral Powder Packets

7265* \$22.00 **Limit 5**
80 count

Single-serve powder packets.
Unflavored.

Supplement Facts

Serving Size: 1 Packet (0.5 g)

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate) 5,000 IU	100%	Calcium (as Dicalcium Phosphate) 19 mg	2%
Vitamin C (as Ascorbic Acid) 50 mg	83%	Iron (as Ferrous Sulfate) 4.5 mg	25%
Vitamin D-3 (as Cholecalciferol) 400 IU	100%	Phosphorus (as Dicalcium Phosphate) 10 mg	1%
Vitamin B-1 (as Thiamine HCl) 2 mg	133%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin B-2 (Riboflavin) 2.5 mg	147%	Magnesium (as Magnesium Oxide) 10 mg	2%
Niacin (Vitamin B-3) 20 mg	100%	Zinc (as Zinc Oxide) 4 mg	25%
Vitamin B6 (as Pyridoxine HCl) 1 mg	50%	Selenium (as Amino Acid Chelate) 5 mcg	7%
Vitamin B12 (as Cyanocobalamin) 1 mcg	17%	Manganese (as Manganese Sulfate) 1 mg	50%
Pantothenic Acid (as Calcium Pantothenate) 1 mg	10%	Chromium (as Chromium Chloride) 5 mcg	4%

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Sentry Multivitamin
One a day formula with essential vitamins and minerals.

5775* \$8.00 **Limit 5**
130 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate & 29% as Beta Carotene) 3,500 IU	70%	Calcium (as Dicalcium Phosphate & Carbonate) 200 mg	20%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Iron (as Ferrous Fumarate) 18 mg	100%
Vitamin D3 (as Cholecalciferol) 400 IU	100%	Phosphorus (as Dicalcium Phosphate) 20 mg	2%
Vitamin E (as dl-alpha Tocopheryl Acetate) 30 IU	100%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin K (as Phytonadione) 25 mcg	31%	Magnesium (as Magnesium Oxide) 50 mg	13%
Thiamin (Thiamin Mononitrate) 1.5 mg	100%	Zinc (as Zinc Oxide) 11 mg	73%
Riboflavin (Vitamin B2) 1.7 mg	100%	Selenium (as Sodium Selenate) 55 mcg	79%
Niacin (as Niacinamide) 20 mg	100%	Copper (as Copper Sulfate) 0.5 mg	25%
Vitamin B6 (as Pyridoxine HCl) 2 mg	100%	Manganese (as Manganese Sulfate) 2.3 mg	115%
Folic Acid 400 mcg	100%	Chromium (as Chromium Picolinate) 35 mcg	29%
Vitamin B12 (as Cyanocobalamin) 6 mcg	100%	Molybdenum (as Sodium Molybdate) 45 mcg	60%
Biotin 30 mcg	10%	Chloride (as Potassium Chloride) 72 mg	2%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%	Potassium (as Potassium Chloride) 80 mg	2%
Boron (as Borates) 75 mcg	**	Silicon (as Silicon Dioxide) 2 mg	**
Tin (as Stannous Chloride) 10 mcg	**	Vanadium (as Sodium Metavanadate) 10 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**		

**Daily Value not established.



Sentry Senior 50+ Multivitamin
Compares to Centrum® Silver® Multivitamin.

5144* \$7.00 **Limit 5**
100 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate & 40% as Beta Carotene) 2,500 IU	50%	Calcium (as Dicalcium Phosphate & Carbonate) 220 mg	22%
Vitamin C (as Ascorbic Acid) 60 mg	100%	Phosphorus (as Dicalcium Phosphate) 20 mg	2%
Vitamin D (as Cholecalciferol) 500 IU	125%	Iodine (as Potassium Iodide) 150 mcg	100%
Vitamin E (as dl-alpha Tocopheryl Acetate) 50 IU	167%	Magnesium (as Magnesium Oxide) 50 mg	13%
Vitamin K (as Phytonadione) 30 mcg	38%	Zinc (as Zinc Oxide) 11 mg	73%
Thiamin (Thiamin Mononitrate, B1) 1.5 mg	100%	Selenium (as Sodium Selenate) 55 mcg	79%
Riboflavin (Vitamin B2) 1.7 mg	100%	Copper (as Copper Sulfate) 0.5 mg	25%
Niacin (as Niacinamide) 20 mg	100%	Manganese (as Manganese Sulfate) 2.3 mg	115%
Vitamin B6 (as Pyridoxine HCl) 3 mg	150%	Chromium (as Chromium Picolinate) 45 mcg	38%
Folic Acid 400 mcg	100%	Molybdenum (as Sodium Molybdate) 45 mcg	60%
Vitamin B12 (as Cyanocobalamin) 25 mcg	417%	Chloride (as Potassium Chloride) 72 mg	2%
Biotin 30 mcg	10%	Potassium (as Potassium Chloride) 80 mg	2%
Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%		
Boron (as Borates) 150 mcg	**	Vanadium (as Sodium Metavanadate) 10 mcg	**
Nickel (as Nickelous Sulfate) 5 mcg	**	Lycopene 300 mcg	**
Silicon (as Silicon Dioxide) 2 mg	**	Lutein 250 mcg	**

**Daily Value not established.



MultiPride Antioxidant Formula
May provide support for healthy immune system function and healthy energy levels.

5670* \$14.00 **Limit 5**
60 tablets

Supplement Facts

Serving Size: 2 Tablets

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (100% as beta carotene) 10,000 IU	200%	Vitamin E (as dl-alpha tocopheryl acetate) 60 IU	200%
Vitamin C (as ascorbic acid) 120 mg	200%	Selenium (as sodium selenite) 100 mcg	143%
Green Tea Extract 125 mg	**	Citrus Bioflavonoids 38 mg	**
Catechins 62 mg	**	Alpha Lipoic Acid 30 mg	**
Polyphenols 100 mg	**	CoQ10 10 mg	**

**Daily Value not established

Supplements—Probiotic



Probiotic

Saccharomyces Boulardii 250 mg. This is the same probiotic found in Florastor®. Helps maintain intestinal health.

6822* \$24.00 **Limit 5**
50 capsules

Vitamins A–Z



Vitamin A 10,000 IU

May help promote a healthy immune system.

6932* \$7.00 **Limit 5**
110 softgels



Beta Carotene 25000 IU

May help immune system and help support healthy eyes and skin.

5618* \$11.00 **Limit 5**
100 softgels



Vitamin B-6 100 mg

May help promote brain, eye and nervous system health.

5612* \$6.00 **Limit 5**
100 tablets



Vitamin B-12 500 mcg

May help contribute to a healthy nervous system.

5627* \$6.00 **Limit 5**
100 tablets



Vitamin B-50 Complex

Prolonged-release tablets. May help promote a healthy nervous system.

4881* \$6.00 **Limit 5**
60 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1) 50 mg	3,333%	Vitamin B-12 (as Cyanocobalamin) 50 mg	833%
Riboflavin (Vitamin B-2) 50 mg	2,941%	Biotin 50 mcg	16.7%
Niacin (as Niacinamide) 50 mg	250%	Pantothenic Acid (as d-Calcium Pantothenate) 10 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride) 50 mg	2,500%	Calcium (as Calcium Carbonate) 115 mg	12%
Folic Acid 400 mcg	100%		

**Daily Value not established.



Super B-Complex

May help support immune and metabolic functioning. Contains Vitamin C.

5597* \$9.00 **Limit 5**
100 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid) 100 mg	167%	Folic Acid 400 mcg	100%
Thiamine (B1) (as thiamine mononitrate) 100 mg	6667%	Vitamin B12 (as cyanocobalamin) 15 mcg	250%
Riboflavin (B2) 20 mg	1176%	Biotin 5 mcg	2%
Niacin (B3) (as niacinamide) 25 mg	125%	Pantothenic Acid (as calcium d-pantothenate) 5.5 mg	55%
Vitamin B6 (as pyridoxine hydrochloride) 2 mg	100%		

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Biotin 500 mcg

May help promote healthy skin, hair and nails.

5634* \$6.00 **Limit 5**
60 tablets

Vitamin C 500 mg

May help boost the immune system, support healthy joints and promote heart and circulatory health.

5548* \$4.00 **Limit 3**
100 tablets

5620* \$9.00 **Limit 3**
250 tablets



Vitamin C 500 mg Chewable Tablets

May provide antioxidant support and immune function support.

5550* \$7.00 **Limit 5**
110 tablets

Orange flavor



Vitamin C 500 mg Powder Packets

Single-serve powder packets.

3254* \$22.00 **Limit 5**
80 count

Unflavored



Calcium 600 mg

May help improve bone strength.

3032* \$6.00 **Limit 5**
150 tablets

Calcium 600 mg with Vitamin D3 400 IU

May help promote strong bones and teeth.

5826* \$5.00 **Limit 5**
60 tablets

Calcium 600 mg with Vitamin D3 800 IU

May help promote strong bones and teeth.

5811* \$13.00 **Limit 5**
300 tablets



Calcium Citrate 315 mg with Vitamin D3 250 IU

Compares to Citracal®. May help promote strong bones and teeth.

3048* \$6.00 **Limit 5**
100 tablets



Calcium Chews 650 mg with Vitamins D & K

Compares to Viactiv®.

6935* \$10.00 **Limit 5**
60 chews

Chocolate flavor

Supplement Facts

Serving Size: 1 Piece

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 20		Vitamin D 12.5 mcg	
Calories from Fat 5		Vitamin K 40 mcg	
Total Carbohydrate 2 g		Calcium 650 mg	
Total Sugars 1 g		Iron 1 mg	
Includes 1 g Added Sugars		Sodium 10 mg	

*Percent Daily Values are based on a 2,000 calorie diet **Daily Value not established.



Coenzyme Q-10 100 mg

May help promote heart health.

5820* \$12.00 **Limit 5**
30 softgels



Chromium Picolinate 1000 mcg

May help promote blood sugar health.

5845* \$8.00 **Limit 5**
100 tablets

Vitamins A-Z (continued)

 **VitaJoy® Daily D 2000 IU** New **4852*** **\$13.00** **Limit 5**
Peach flavor. 120 gummies

 **Vitamin D3 1000 IU** **5609*** **\$6.00** **Limit 5**
May help support bone, joint and immune system health. 100 tablets

 **Vitamin D3 2000 IU** **5725*** **\$11.00** **Limit 5**
May help support bone, joint and immune system health. 250 tablets

 **DHEA 25 mg** **1649*** **\$14.00** **Limit 5**
May help promote a balanced hormone level. 90 caplets

 **Vitamin E 200 IU** **2977*** **\$8.00** **Limit 5**
May help support heart, immune system and other organ health. 100 softgels

 **PreserVision® AREDS+LUTEIN** New **3159*** **\$27.00** **Limit 5**
Promotes eye health. 50 softgels

 **Eye Health & Lutein** **5754*** **\$10.00** **Limit 5**
Compares to OcuVite®. Contains key antioxidants including zinc and lutein. 60 tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) 1000 IU	20%	Zinc (as zinc oxide) 40 mg	267%
Vitamin C (as ascorbic acid) 200 mg	333%	Selenium (from sodium selenate) 55 mcg	79%
Vitamin E (as dl-alpha tocopheryl acetate) 60 IU	200%	Copper (as cupric oxide) 2 mg	100%
Lutein 2 mg	**		

**Daily Value not established

 **Ferrous Sulfate 325 mg (Iron 65 mg)** **2948*** **\$4.00** **Limit 5**
May help promote red blood cell formation. Iron may help muscle function and energy production. 100 tablets

 **Flax Seed Oil 1000 mg** **5853*** **\$6.00** **Limit 5**
Good source of Omega-3 fatty acids. May help promote a healthy heart and immune system. 60 softgels

 **Folic Acid 400 mcg** **3016*** **\$3.00** **Limit 5**
May help promote heart and cardiovascular wellness. 100 tablets

† Members may order these item(s) after discussing the item(s) with their physician who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements, so it is important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.

 **Glucosamine 1500 mg and Chondroitin 1200 mg** **8495*** **\$12.00** **Limit 5**
May help rebuild cartilage and lubricate joints. 40 tablets

8513* **\$23.00** **Limit 5**
100 tablets

 **ImmuBlast™ Chewable Tablets** **5902*** **\$8.00** **Limit 2**
Compares to Airborne® Citrus Flavor. 32 tablets

Supplement Facts

Serving Size: 4 Chewable Tablets

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 25		Vitamin E (as dl-alpha Tocopheryl Acetate) 30 IU	100%
Total Carbohydrates 7g	2%††	Magnesium (as Magnesium) 40 mg	10%
Sugars 5g	**	Zinc (as Zinc Oxide) 8 mg	53%
Vitamin A (as Retinyl Palmitate) 2,000 IU	40%	Selenium (as Sodium Selenate) 15 mcg	21%
Vitamin C (as Ascorbic Acid) 1,000 mg	1,667%	Manganese (as Manganese Sulfate) 3 mg	150%

Proprietary Herbal Extract Blend 350 mg **
Maltodextrin, *Lonicera japonica* (flower), *Forsythia suspensa* (fruit), *Schizonepeta tenuifolia* (aerial), Ginger [*Zingiber officinale* (root)], *Vitex trifolia* (fruit), *Isatis tinctoria* (root), *Echinacea purpurea* (aerial)

Proprietary Amino Acid Blend 50 mg **
L-Lysine Hydrochloride, L-Glutamine

**Daily Value not established. ††Percent Daily Value based on a 2,000 calorie diet.

 **Iron 27 mg** **8504*** **\$5.00** **Limit 5**
May help promote red blood cell formation. Iron may help muscle function and energy production. 100 tablets

 **Krill Oil 350 mg** **8505*** **\$25.00** **Limit 5**
Compares to Schiff® MegaRed®. May reduce risk of Coronary Heart Disease. 60 softgels

 **L-Lysine 500 mg** **5651*** **\$9.00** **Limit 5**
Amino acid that may promote immune strength. 100 tablets

 **VitaJoy® Melatonin 5 mg** New **9612*** **\$16.00** **Limit 5**
Strawberry flavor. 120 gummies

 **Melatonin 5 mg** **5884*** **\$3.00** **Limit 5**
Amino acid that may help regulate sleep cycles. 30 tablets

 **Magnesium Oxide 400 mg** **2657*** **\$9.00** **Limit 5**
May help relieve heartburn, sour stomach or acid indigestion. 120 tablets

 **Magnesium Oxide 400 mg Powder Packets** **7195*** **\$22.00** **Limit 5**
Single-serve. Unflavored. 80 count

 **Omega-3 Fish Oil 1000 mg** **5866*** **\$8.00** **Limit 5**
May help support heart, joint and brain health. Contains EPA and DHA fatty acids. 90 softgels

First Aid Remedies

Antiseptic Spray 3034 \$8.00 Limit 2
 Easy to apply, water-resistant and transparent spray forms a seal around cuts and scrapes.

⚠ Cannot ship to Hawaii or P.O. boxes.

 **Isopropyl Alcohol Prep Pads** 5664*** \$4.00 Limit 1
 70% isopropyl alcohol. 200 count

 **Isopropyl Alcohol** 5672*** \$3.00 Limit 1
 70% isopropyl alcohol. First aid antiseptic. 16 fl. oz.

⚠ Cannot ship to Hawaii or P.O. boxes.

 **Hydrogen Peroxide**
 First aid antiseptic. Wipes or topical solution.

5655 \$1.00 Limit 2 5291 \$3.00 Limit 1 5682 \$4.00 Limit 1
 4 fl. oz. 32 fl. oz. 40 wipes

 **Neosporin® Ointment** New 8213 \$9.00
 Infection protection to treat minor cuts, scrapes and burns. 1 oz.

 **Triple Antibiotic with Pain Relief Ointment** 3619 \$9.00
 1 oz.

 **Triple Antibiotic Ointment** 5462 \$6.00 Limit 3
 For minor cuts, scrapes and burns. 1 oz.

 **Hand Sanitizer** 4799 \$4.00 Limit 1
 ⚠ Cannot ship to Hawaii or P.O. boxes. 8 oz. gel

 **Hand Sanitizer—Liquid** New 1278 \$3.00 Limit 2
 80% ethyl alcohol. ⚠ Cannot ship to Hawaii or P.O. boxes. 4 oz.

 **Petroleum Jelly** 5649 \$2.00 Limit 10
 4 oz.

5680 \$5.00 Limit 10
 13 oz.

 **Epsom Salt** 5373 \$3.00
 Multi-use product. 16 oz.

 **Lice Solution Kit** 5641 \$17.00
 Kit includes: Egg and nit combing spray (2 oz.), lice control spray (5 oz.), shampoo (4 oz.) and one nit comb.
 ⚠ Cannot ship to Hawaii or P.O. boxes.

 **Soothing Oatmeal Bath Treatment** 3700 \$9.00
 Compares to Aveeno®. May provide relief from poison ivy, oak, sumac and insect bites, rashes and eczema. 8 packets

First Aid Supplies

 **Curad® Adhesive Bandages**
 Adhesive stays secure even when wet. Plastic bandage.

5153 \$3.00 5118 \$5.00 5160 \$6.00
 3/4" 80 count Waterproof 1" 2" x 4" 50 count
 100 count

 **Curad® Variety Pack Assorted Bandages** 6535 \$11.00
 20 Waterproof, 50 Flex-Fabric™, 60 Plastic, 60 Sheer, 10 XL Flex-Fabric™. 200 count

 **Curad® Ouchless Adhesive Bandages** 1065 \$9.00
 Flexible fabric material with EZ Release™ silicone adhesive. 3/4" x 3" 50 count

 **Curad® Quickstop™ Adhesive Bandage** 4140 \$6.00
 Non-stick pad material. Assorted sizes 30 count

 **Curad® Soothe & Cool Bandages** 7298 \$7.00
 May help with minor burns, blisters and abrasions. Hydrogel pad with a clear waterproof adhesive edge. Assorted sizes 8 count

 **Adhesive Bandages—Knuckles** 5219 \$5.00
 Breathable fabric material. 100 count

 **Adhesive Bandages—Fingertip** 5379 \$6.00
 Breathable fabric material. 100 count

Cotton Balls 5275 \$2.00
 Soft, white and absorbent. Medium size. 200 count

Cotton Swabs 5265 \$3.00
 Double-tipped. 300 count

*** In certain circumstances some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with

First Aid Supplies (continued)

 **Curad® First Aid Kit** **5150** **\$12.00** **Limit 5**
Includes bandages, tape, gauze, exam gloves, cold pack, tweezers and cleansing towelettes.

 **Mini First Aid Kit** **5208** **\$2.00**
Includes plastic bandages (3/4" x 3" x 1 1/2"), gauze pads, alcohol cleansing pads, butterfly closure and cotton tips. Case color may vary

 **Face Mask** **2121** **\$14.00** **Limit 3**
Covers nose and mouth. Single use only. Latex-free. 1 pack of 10 masks

 **Powder-free Synthetic Exam Glove** **2017** **\$7.00** **Limit 1**
Stretch vinyl gloves are powder-free and latex-free.
Specify size when ordering.

Size	Count	Size	Count	Size	Count	Size	Count
S	100	M	100	L	100	XL	90

 **Curad® Nitrile Exam Gloves Powder-free Latex-free** **5365** **\$12.00** **Limit 1**
One size fits most 100 count Light Blue color
Medical-grade exam gloves. Provides barrier protection with a soft touch.

 **Ice Bag** **5355** **\$7.00**
7" ice bag

 **Hot or Cold Therapy Water Bottle** **5367** **\$10.00**
Made with Natural Rubber Latex.

 **Reusable Cold & Hot Pack** **5331** **\$8.00** **Limit 2**
Gel-filled pack for hot/cold pain relief. 2 pack

Itch Relief / Repellents

 **Ben's® Tick & Insect Repellent** **1629** **\$6.00**
Repels mosquitoes for up to 10 hours. 30% DEET. 1.25 fl. oz. pump
1632 **\$8.00**
3.4 fl. oz. pump

 **Natrappel® Tick & Insect Repellent** **1874** **\$11.00**
DEET-free, 20% Picaridin. 3.4 fl. oz. pump
Cannot ship to Hawaii or P.O. boxes.

After Bite Relief **5389** **\$5.00**
Temporary relief of pain and itching due to biting insects. .5 oz.

 **Bite and Sting Relief Ointment** **3598** **\$7.00**
Temporary relief of pain and itching due to bug bites. 1.75 oz.

Insect Bite Relief **New** **8351** **\$5.00**
Sponge tip applicator. 0.5 oz.

 **Curad® Bacitracin with Zinc Ointment** **3080** **\$6.00**
Antibacterial formula for minor cuts, burns and scrapes. 1 oz.

 **Anti-Itch Cream** **5455** **\$4.00**
Compares to Extra Strength Benadryl® cream. 1.25 oz.

 **Curad® Hydrocortisone Cream 1%** **5388** **\$4.00**
Reduces inflammation, redness and swelling. 1 oz.

 **Calamine Lotion** **5370** **\$5.00**
May help dry the oozing and weeping from poison ivy, poison oak and poison sumac. 6 fl. oz.

Wound Care

 **Curad® Wound Care Kit** **5012** **\$10.00**
Supplies to help clean (gauze pads), cover (non-stick pad or gauze roll) and secure (paper tape or gauze roll) wounds. 25 count

 **Curad® Non-Adherent Pad** **5554** **\$6.00**
Sterile cotton and polyester pad. Does not stick to lightly draining wounds. 3" x 4" 20 count

Curad® Paper Tape—Gentle **5231** **\$4.00**
Breathable tape for sensitive skin. 2" x 10 yds. 1 roll

Curad® Transparent Tape **5227** **\$3.00**
Perforated plastic tape that permits skin examination without tape removal. 2" x 10 yds. 1 roll

Curad® Cloth/Silk Tape **5246** **\$5.00** **Limit 10**
Water repellent, easy to tear for affixing dressings. 2" x 10 yds. 1 roll

Curad® Cloth Tape **5298** **\$5.00** **Limit 10**
Strong cloth tape for general purpose bandaging. 1" x 10 yds. 1 roll

Gauze Sponges **5314** **\$2.00** **Limit 10**
Sterile, soft and absorbent. 4" x 4" 10 sponges

Gauze Rolls **5316** **\$3.00** **Limit 10**
Sterile wrap for securing dressings. 4" x 75" each 3 rolls

Gauze Bandage **5350** **\$2.00** **Limit 10**
Sterile, 100% cotton bandage. 4.5" x 4.1 yds. 1 roll

Wound Care (continued)

 **Curad® Spray Bandage** **5166** **\$7.00**
Forms a protective seal over wounds. 1.35 fl. oz.
Quick-dry formula is flexible, breathable and stays on areas that are hard to cover.
⚠ *Cannot ship to Hawaii or P.O. boxes.*

 **Elastic Bandage**
Latex-free bandage with self closure. Breathable bandage with compression and stretch.
5191 **\$2.00** **5197** **\$3.00** **5199** **\$3.00**
2" x 5 yds. 1 roll 4" x 5 yds. 1 roll 6" x 5 yds. 1 roll

 **CoFlex® Bandage** **5359** **\$3.00**
Self-adhering bandage, latex-free with easy hand tear. 2" x 5 yds. 1 roll

 **Curad® Germ Shield™ Antimicrobial Gel** **2928** **\$6.00**
Silver solution wound gel. For minor cuts, scrapes and burns. .5 oz. tube

Oral Care

Denture Care

 **Denture Adhesive** **5177** **\$4.00**
Compares to Fixodent® Original. Zinc-free. 2 oz.

Denture Brush **4968** **\$3.00**

Denture Cleanser **4973** **\$5.00**
Compares to Efferdent®. 90 tablets

 **Polident Denture Cleanser** **3165** **\$16.00**
3-minute antibacterial daily cleanser. 2 boxes of 120 tablets

 **Super Poligrip® Denture Adhesive** **4984** **\$7.00**
Zinc free. 2.4 oz.

 **Klutch Denture Adhesive** **3247** **\$13.00**
Powder. Zinc free. 1.75 oz.

Lip & Mouth Care

Medicated Lip Treatment **5018** **\$3.00** **Limit 10**
Compares to Carmex®. 2 pack

Moisture Lip Balm SPF 15 **5059** **\$1.00** **Limit 10**
Compares to ChapStick®. .15 oz.

 **Lip Balm SPF 45** **5033** **\$2.00** **Limit 10**
Tropical flavor. .15 oz.

 **Biotene® Dry Mouth Spray** **5082** **\$10.00** **Limit 10**
Oral moisturizer for hydration and protection. May help refresh and keep mouth odor-free. 1.5 fl. oz.

 **Biotene® Dry Mouth Oral Rinse** **5106** **\$9.00** **Limit 10**
Mint flavor. 16 fl. oz.

 **Mouth Moisturizer** **5074** **\$6.00** **Limit 10**
Moisturizes lips and oral tissue. Water-based formula. 5 packets .11 fl. oz. each

Tooth & Gum Care

 **Interplak® OptiClean™ Rechargeable Toothbrush** **5304** **\$25.00** **Limit 3**
Toothbrush 2 brush heads included. **5343** **\$15.00**
2 replacement heads

 **Toothbrush** **4949** **\$1.00**
Soft bristles. Each

 **Battery Power Toothbrush** **5280** **\$14.00** **Limit 3**
Dual action brush head with cheek and tongue cleaner. Soft bristles. 2 AAA batteries included. **5281** **\$8.00**
2 replacement heads

Complete Clean Toothbrush **5009** **\$3.00**
2 pack. Soft **5031** **\$3.00**
Medium

 **Interplak® Battery Operated Water Jet** **5126** **\$28.00** **Limit 3**
Water Jet **5086** **\$9.00**
5 replacement tips (1 Jet, 2 Brush, 1 Gum, 1 Subgingival tip)

Tooth & Gum Care (continued)

	Dental Floss—Waxed Mint	2145	\$4.00	2 pack 100 yards each
	Mint Flossers May help reduce plaque buildup and the risk of gingivitis. Mint flavor.	4878	\$3.00	90 count
	Gum Brushes Reusable microfine bristles help remove plaque and food particles.	4926	\$8.00	10 count
	BrushPicks Safely removes food debris. May help stimulate gums.	4806	\$7.00	275 count
	Tongue Cleaner May help improve oral hygiene.	8295	\$3.00	2 pack
	Oral Care System Twenty oral swabs, a 2-oz. bottle of mouth rinse, five packets of mouth moisturizer gel, and a medicine cup.	4848	\$10.00	Limit 10
	Oral Pain Relief Gel Compares to Orajel®.	3003	\$4.00	.33 oz.
	Crest® Toothpaste—Regular Paste	New 9562	\$4.00	4.2 oz.
	Aim™ Mint Gel	5066	\$2.00	5.5 oz.
	Biotene® Fluoride Toothpaste Reduces bacteria and dry mouth symptoms.	5132	\$10.00	4.3 oz.
	Sensitive Toothpaste Compares to Sensodyne®.	5095	\$3.00	4.3 oz.
	Pepsodent® Toothpaste	5083	\$2.00	5.5 oz.

Compression

	Curad® Thigh High Stockings 20–30 mmHg Controlled compression may help circulation and leg fatigue. Two-way stretch. Extra firm surgical weight. Colors: Black or Tan ⓘ Specify Color and Size when ordering.	5758*	\$46.00	1 pair																				
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	Jobst® Thigh High Stockings 8–15 mmHg Controlled compression may help circulation and leg fatigue. Colors: Black or Beige ⓘ Specify Color and Size when ordering.	5822	\$21.00	1 pair																				
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	Curad® Knee High Stockings Controlled compression may help circulation and leg fatigue. Colors: Black or Tan ⓘ Specify Color and Size when ordering.	5792	\$16.00	1 pair 8–15 mmHg																				
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XL (D)	11 – 13 (XL Calf)	12 – 14																						
	Curad® Compression Dress Socks 8–15 mmHg Controlled compression may help circulation and leg fatigue. Over the calf. Color: Black ⓘ Specify Size when ordering.	5803	\$17.00	1 pair																				
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* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

Foot Care



Lamb's Wool Padding
Compares to Dr. Scholl's®. Protects tender areas between toes and soft corns.

5834 \$6.00



Moleskin Plus
Protects sensitive areas. Self-stick adhesive. Trim to fit.

5804 \$3.00
4 sheets

Corn Cushions
Compares to Dr. Scholl's®.

5817 \$3.00
9 count



Hammer Toe Crest
May help relieve pressure and pain on toe tips.

5770 \$8.00
1 crest
One size fits most



Bunion Guard
Soft gel shield cushions and protects sore bunions.

5801 \$10.00
1 guard
One size fits most



Toe Straightener
Cushions, protects and keeps toes in their correct position.

5844 \$18.00
4 pack
One size fits most



Toe Protector
May help to relieve ingrown nails, corns, hammer toes and toe tips.

5823 \$7.00
1 protector
One size fits most



Firm Wrap Short Stretch Compression Bandage
100% cotton. Latex-free.

5774 \$8.00
3.15" x 5.47 yards



Curad® Mediplast Wart Pad
May help with the removal of corns, calluses and warts.

5821 \$6.00
2" x 3" cut-to-fit pad
3 pads

Medicated Corn Removers
Compares to Dr. Scholl's®. Hypoallergenic.

5799 \$5.00
9 count



Callus Control Cream
Extra strength. Non-greasy formula.

6985 \$12.00
4 oz.



Antifungal Cream Clotrimazole 1%
Compares to Lotrimin AF®.

5862 \$6.00
0.5 oz.



Antifungal Cream Tolnaftate 1%
Compares to Tinactin®. May relieve athlete's foot irritations.

5957 \$5.00
1.25 oz.

Specialty Footwear



Jobst® SensiFoot™ Diabetic Socks
Non-binding tops. Padding provides cushioning and helps keep feet cool and dry. Anti-microbial. Made of acrylic, nylon and spandex. Non-constricting and mild compression.

5878 \$17.00
1 pair Crew Length
5819 \$19.00
1 pair Over the Calf

Colors: Black or White

! Specify Color and Size when ordering.

Size	Women's Shoe Size	Men's Shoe Size
S	7 – 9	6 – 8
M	9½ – 11	8½ – 10
L	11½ – 13	10½ – 12
XL	13 – 14	12½ – 14



Plantar Fasciitis Relief Sleeve
Compression that lifts the Plantar Fascia for a gentle, comfortable stretch. Wears comfortably under socks for extra support.

5827 \$14.00
1 sleeve

! Specify Size when ordering.

Size	Women's Shoe Size	Men's Shoe Size
S	4 – 6½	3 – 5½
M	7 – 10½	6 – 9½
L	11 – 13	10 – 13
XL	13 – 14	13½ +



Ultrastretch Night Sock
May help with Plantar Fasciitis and overuse injuries. Adjustable strap provides a gentle, effective stretch. Seamless at the toes to reduce irritation. Measure circumference around largest part of calf to size.

6378 \$40.00
1 night sock

! Specify Size when ordering.

Size	Calf
R	Up to 16"
L	16" – 21"



Anti-Skid Slipper Socks
Single tread designed for safety with skid-resistant treading. Polycotton blend. Color: Light Blue.

7351 \$3.00
1 pair
One size fits most



Quad Cane—Small Base
Stable 4-point base.
Weight capacity: 300 lbs.

1950 \$30.00**
Height adjusts 29"–38"



Quad Cane—Large Base
4-point base. Height adjusts
in one-inch increments.
Weight capacity: 500 lbs.

1928 \$38.00**
Height adjusts 29"–38"



Cane with Offset Handle
Aluminum with cushion handle and wrist strap. Height adjusts
29"–38". Weight capacity: 300 lbs.

1954 \$20.00** **1995** \$20.00** **1974** \$20.00**
Chrome Black Bronze



Folding Cane
Molded contour grip handle. Non-slip
rubber tip. Weight capacity: 250 lbs.

1901 \$17.00**
Black
Height adjusts 32"–36"



Cane for Vision Impaired
Lightweight 4-section aluminum
construction. Includes elastic
strap for carrying convenience.
Includes two reflective strips
to customize to user needs.

2324 \$26.00**
White
14" folded length
49" extended length
! *Cane is non-weight
bearing.*

Supports

Compression Support



Arthritis Gloves
Mild compression to enhance
circulation. Cotton lycra. Measure
across the knuckles to size.

4635 \$18.00
1 pair

! *Specify Size when ordering.*

Size	Knuckles	Size	Knuckles	Size	Knuckles
S	up to 3 1/8"	M	up to 3 1/2"	L	up to 4"



Wrist Compression
May help support a weak or injured
wrist. Fits either hand. Latex-free.
Measure around wrist to size.

4630 \$10.00
Each

! *Specify Size when ordering.*

Size	Wrist	Size	Wrist	Size	Wrist	Size	Wrist
S	5" – 6"	M	6" – 7"	L	7" – 8"	XL	8 1/2" – 10"

Protective Sleeves



Heelbo® Heel and Elbow Protector
Flexible, stretch weave. Contoured
foam pad reduces rolling and binding.
Machine washable. Colors may vary.

4619 \$15.00
1 pair

! *Specify Size when ordering.*

Size	Ankle Circumference	Size	Ankle Circumference
S	16"	L	19"
M	17"	XL	23"



Protective Sleeve for Arm or Leg
Mild compression protects fragile
skin from everyday scrapes, shearing
and bumps. One size fits most.

4562 \$14.00
1 pair—Arm
4597 \$16.00
1 pair—Leg

Supports & Braces



Thumb Brace
For arthritis and tendinitis. Keeps thumb
in neutral position. Fits either hand.
Made with neoprene, nylon and elastic.

4629 \$10.00
Each



Carpal Tunnel Night Brace
May help with carpal tunnel, forearm
tendinitis and arthritis. Fits either
hand. Latex-free. One size fits most.

4744 \$23.00
Each



Carpal Tunnel Glove
Helps prevent and relieve carpal
tunnel syndrome, increases
comfort and circulation, and ensure
ergonomically correct wrist position.
Measure across knuckles to size.

4689 \$22.00
Each

! *Specify Size when ordering.*

Size	Knuckles	Size	Knuckles	Size	Knuckles
S	up to 3 1/4"	M	up to 3 3/4"	L	up to 4 1/4"



Hip Protector—Open or Closed
Seamless brief made of 100% soft
textile. Washable. Color: White.
Measure hips at widest point to size.

4750 \$64.00
Open—Unisex
4739 \$68.00
Closed—Unisex

! *Specify Size when ordering.*

Size	Hips	Size	Hips	Size	Hips
S	30" – 38"	L	40" – 48"	XXL	48" – 60"
M	35" – 43"	XL	44" – 56"		



Curad® Figure 8 Elastic Ankle Wrap
May help with mild sprains and
weak ankles. Simulates taping.

6834 \$13.00
Each
Fits either ankle

** Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.

Supports & Braces (continued)



Curad® Pull-Over Knee Support **4602** **\$8.00**
 Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size.

Specify Size when ordering.

Size	Knee	Size	Knee	Size	Knee
S	14" – 16"	L	18" – 20"	XXL	22" – 24"
M	16" – 18"	XL	20" – 22"		



Curad® Knee Support with Patella Pad **4801** **\$30.00**
 May help with tendonitis and weak or arthritic knees. Adjustable. Fits 12"–21" when measured around leg, 3 inches above knee. Latex-free.



Elbow Support Sleeve **4613** **\$10.00**
 Knitted neoprene elastic provides moderate compression. Latex-free. Measure around forearm to size.

Specify Size when ordering.

Size	Forearm	Size	Forearm
S	7" – 9"	L	11" – 13"
M	9" – 11"	XL	13" – 15"



Curad® Elbow Support **4903** **\$11.00**
 Adjustable dual-strap. For mild strains and sprains. Breathable compression with Microban® antimicrobial protection.



Back Support with Suspenders **4628** **\$20.00**
 Helps protect back while lifting. Heavyweight elastic side panels provide compression to abdomen and lower back.

Specify Size when ordering.

Size	Waist Circumference	Size	Waist Circumference
L	34" – 38"	XXL	42" – 46"
XL	38" – 42"		



Back Support with Dual Pulley System **4623** **\$25.00**
 Metal stays provide added support for the lower back and abdomen. Fits comfortably under clothing.

Specify Size when ordering.

Size	Waist Circumference	Size	Waist Circumference
S/M	28" – 36"	XXL	45" – 50"
L/XL	37" – 44"		

Aids for Daily Living



Bottle Opener with Magnifying Glass **8632** **\$10.00** **Limit 10**
 Provides firm grip and hold. Aids reading small print.



Pill Bottle Opener **4056** **\$7.00** **Limit 10**
 Provides firm grip and hold. 2.5" diameter.



Pill Splitter **6362** **\$7.00**
 Divides a pill in two with minimal effort.



Pill Splitter & Crusher **8462** **\$9.00**
 Built in storage for medication.



Pill Crusher **3736** **\$7.00**
 Built-in pill storage.



Pill Box—With Lock **2827** **\$6.00**
 7-day pill box with lock. 1x per day



Pill Box—Easy Open **1532** **\$9.00**
 EZ Push Button AM/PM pill box. 2x per day



Classic Pill Box—7 Day **5058** **\$4.00**
 Translucent plastic. 1x per day



Deluxe Pill Organizer **3811** **\$8.00**
 Translucent plastic. 7 day 4x per day



Liquid Medication Dropper & Spoon **2648** **\$5.00**
 Clear gradations accurately measure medication. Color may vary



Oral Medication Syringe **7659** **\$2.00**
 Holds up to 10mL of liquid.



Digital Food Scale **3743** **\$33.00** **Limit 2**
 11 lb. capacity



Medical Bracelet
 Polished, hypoallergenic stainless steel with medical alert symbol. Engraving on back of bracelet. Bracelet is 7.5" in length.

1768	\$21.00	8189	\$21.00	6251	\$21.00
Diabetic		Heart Patient		Seizure Disorder	

Nightlight **5945** **\$12.00** **Limit 5**
 Auto on/off by lamp's light sensor. Low power consumption. Lasts 50,000 hours. UL certified. 2 pack

Battery(ies) included

Aids for Daily Living (continued)



Warm Mist Humidifier with Steam Inhaler

Removable 0.5 gallon tank runs quiet up to 8 hours, effectively humidifies rooms up to 250 sq. ft. Humidifier converts to personal steam inhaler.

2165 \$58.00 **Limit 2**
1 each



Warm Mist Steam Inhaler Pads

Non-medicated vapor pads provide soothing relief for congestion. Soothing scent.

2113 \$13.00 **Limit 2**
12 pads per pack

⚠ *Recommended use with product #2165 Warm Mist Humidifier with Steam Inhaler above (Steam Inhaler only).*



Cool Mist Humidifier

Filter-free and contains an antimicrobial water tank. Adjustable mist dial. Can be used in medium-sized rooms. Auto-shut-off feature when water runs out. Color and style may vary.

3163 \$55.00 **Limit 2**



Electric Heating Pad

Auto shut off.

1716 \$38.00 **Limit 2**
12" x 24"



Monitoring Devices



Dial Floor Scale 300 lb. Capacity

Non-slip mat on a 10.25" x 9.875" platform.

5979**** \$20.00 **Limit 2**



Talking Digital Floor Scale

Speaks in English and Spanish. Platform size: 14.5" x 11³/₄".

5449**** \$43.00 **Limit 2**
400 lb. capacity

5622**** \$50.00 **Limit 2**
550 lb. capacity



Fingertip Pulse Oximeter

Measures the oxygen level in your blood stream and your pulse rate.

5533 \$55.00 **Limit 1**



Heart Rate Monitor Watch

Includes calorie counter, pedometer pulse rate, date/time, stopwatch, timer and alarm features.

5605 \$40.00 **Limit 2**
Fits wrist size: 6"-9"

2261 \$40.00 **Limit 2**
Fits wrist size: 4.5"-7.5"

Battery(ies) included

One-Year Limited Warranty

* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

**** Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.



Wrist Blood Pressure Monitor

Memory capabilities and digital screen. Fits wrist size 5.3"-8.5".

5490* \$60.00 **Limit 2**



Talking Blood Pressure Monitor

Unit speaks in English and Spanish. Memory capabilities with large digital screen. Cuff fits arms 8.5"-16.5".

6742* \$85.00 **Limit 2**



Standard Blood Pressure Monitor

Large digital screen. Cuff fits arms 8.6"-11.75".

5419* \$45.00 **Limit 2**



Digital Thermometer

LCD display. Non-replaceable battery.

5470 \$5.00 **Limit 1**

Large Display Digital Thermometer

Large, easy-to-read LCD display.

⚠ *Cannot ship to Hawaii or P.O. boxes.*

6851 \$14.00 **Limit 1**



Talking Ear and Forehead Thermometer

6 languages. 2-second result.

5600 \$35.00 **Limit 1**



No Touch Thermometer

Infrared technology measures temperature near forehead. Backlit LCD screen.

⚠ *Cannot ship to Hawaii or P.O. boxes.*

5451 \$45.00 **Limit 1**



Smoking Cessation



Nicotine Lozenge

Compares to Nicorette[®] Mint Lozenges.

4222* \$42.00
2 mg 72 lozenges
4249* \$42.00
4 mg 72 lozenges



Nicotine Gum

Compares to Nicorette[®] Mint Gum.

4929* \$45.00
2 mg 110 count gum
4944* \$45.00
4 mg 110 count gum

Nicotine Patch

Compares to the active ingredient in Habitrol[®]. Color: Clear.



Step 1 21 mg 14 count **3634*** \$45.00



Step 2 14 mg 14 count **3631*** \$45.00



Step 3 7 mg 14 count **3628*** \$45.00



Earwax Treatment Drops

Compares to Debrox®.

3232 \$5.00
0.5 fl. oz.



Eye Drops—Irritation Relief

Compares to Visine® A.C.

5124 \$4.00
0.5 fl. oz.



Eye Drops—Lubricating

Compares to Systane® Lubricant Eye Drops. May help relieve dry eyes.

2655 \$13.00
0.5 fl. oz.

Eye Drops—Itchy Eye Relief

Compares to Zyrtec®.

2998 \$13.00
.17 fl. oz.



Artificial Tears

Compares to active ingredients of Visine Tears® Eye Drops.

3346 \$4.00
0.5 fl. oz.

Therapeutic Skin Care

Barriers—Barrier Creams, Powders & Absorbents



Remedy® Intensive Skin Therapy Hydraguard-D 26% Silicone Cream

Nourishing moisture barrier cream with 12.5% Dimethicone. Helps protect and relieve symptoms associated with dry, cracked skin.

2132 \$10.00 **Limit 5**
4 oz.



Soothe & Cool® Cornstarch Body Powder

Absorbs moisture and odor. Talc-free. Use in high moisture areas or skin folds.

7062 \$5.00
14 oz.



Remedy® Nourishing Skin Protectant Wipes

Cleans, nourishes and protects skin. Paraben-free, hypoallergenic and disposable. 8" x 8". Do not flush.

7122 \$6.00
8 pack
7466 \$10.00 **Limit 5**
48 pack



UltraSorbs™ Dry Sheet for Skin folds

Skinfold moisture management. 6" x 14" sheet.

5498 \$9.00
10 pack

Cleansers—Total Body & Incontinence



Remedy® Hydrating Cleanser

Helps cleanse, moisturize and nourish the skin. Paraben-free.

5713 \$7.00 **Limit 5**
8 oz.



Soothe & Cool® Unscented No Rinse Cleanser

A cleansing spray for sensitive skin. Unscented and no dyes.

1097 \$5.00
8 oz.



Remedy® Cleanser No Rinse Foam

Multi-purpose cleanser that cleans and conditions skin.

7023 \$10.00 **Limit 5**
8 oz.

Protectants—Zinc Oxide Paste & Ointments



Remedy® Intensive Skin Therapy Calazime Paste

Zinc Oxide, Calamine and Menthol barrier protects irritated areas of the skin and can provide temporary relief of pain. Zinc Oxide, 20.6% and Menthol 0.44%. Hypoallergenic. Fragrance-free.

2146 \$10.00 **Limit 5**
4 oz.



Remedy® Phytoplex Z-Guard® Paste

17% Zinc Oxide and 57% White Petrolatum barrier helps protect and treat incontinence-related skin conditions.

5912 \$8.00 **Limit 5**
4 oz.



Zinc Oxide Ointment

May help protect the skin from minor skin rashes. 20% Zinc Oxide.

1186 \$10.00
16 oz.



Vitamin A and D+E Ointment

Ointment may help prevent and treat diaper rash.

1191 \$6.00
13 oz.

Skin Creams—Specialty



Remedy® Intensive Enviaderm™ Serum

Moisturizes very dry, calloused skin. Contains 20% Urea and Glycolic Acid to help gently exfoliate flaky skin. Ideal use for heels, hands, legs and feet.

1465 \$12.00
4 oz.



Vein Healing Cream

May help diminish the appearance of varicose veins, spider veins and broken capillaries.

5632 \$17.00
4 oz.

Skin Creams—Therapeutic

 **Remedy® Intensive Skin Therapy Skin Repair Cream** **9156** \$4.00 **Limit 5**
 2 oz. tube
6595 \$7.00 **Limit 5**
 4 oz. tube
3597 \$20.00 **Limit 5**
 32 oz. pump
 Helps protect and relieve dryness, chapped or cracked skin.
 Orange Vanilla scent.

 **Remedy® Nourishing Skin Cream** **5736** \$8.00 **Limit 5**
 8 oz. bottle
1181 \$13.00 **Limit 5**
 16 oz. pump
 May help soothe red, sore or irritated skin. Vanilla Scent.

 **Soothe & Cool® Skin Cream** **1072** \$7.00
 8 oz.
 May nourish and moisturize compromised skin. Contains aloe and Vitamin E.

 **Pain Relief Cream** **5667** \$17.00
 4 oz.
 May help with pain relief for feet, arthritis, joints, muscles and shingles.

Treat—Antifungal Cream & Powder

 **Soothe & Cool® Antifungal Cream** **5752** \$12.00
 5 oz.
 Aids in maintaining healthy skin while treating fungal infections; athlete's foot, jock itch and ringworm. Contains 2% miconazole nitrate.

 **Remedy® Antifungal Powder** **5588** \$9.00 **Limit 5**
 3 oz.
 May help relieve irritations from athlete's foot, jock itch, and ringworm. Talc-free. Use for skin folds and feet.

Sun Care

Sunscreen Lotion **5695** \$7.00
 8 oz. SPF 30
5697 \$9.00
 8 oz. SPF 50
 Compares to Coppertone®. UVA/UVB protection. Water resistant.

Sport Sunscreen Stick SPF 50 **5294** \$5.00
 .65 oz.

Sunburn Relief **5882** \$7.00 **Limit 1**
 8 oz.
 Aloe and lidocaine gel may relieve sunburn pain.

Aloe Vera Gel **5707** \$6.00 **Limit 1**
 16 oz.
 May help soothe and cool skin.

Disposable Briefs

 **FitRight® Disposable Brief** **4925**** \$18.00
 1 pack of 20
2143** \$62.00
 1 case of 80
 Breathable, cloth-like material with odor protection. Wicks fluid away to promote dryness. Moisture indicator. Skin-safe tab closures and anti-leak guards. Latex-free.

Ultra Absorbency

! Specify Size when ordering.

Size	Waist Size	Size	Waist Size	Size	Waist Size
S	20" – 33"	R	40" – 50"	XL	57" – 66"
M	32" – 42"	L	48" – 58"	XXL	60" – 69"

Disposable Brief—4XL size **2396**** \$85.00
 Fits up to 94". Tab closures. Latex-free.
 1 case of 32

Disposable Pads

 **Bladder Control Pads—Contour Plus**
 Breathable contoured shape with adhesive backing. 28 count.

Item #	Size	Performance	Price
7325**	5.5" x 10.5"	Moderate	\$6.00
7330**	6.5" x 13.5"	Maximum	\$9.00
1204**	8" x 17"	Ultimate	\$12.00

 **Bladder Control Pads—Traditional Shape**
 Cloth-like outer fabric with adhesive backing. 20 count.

Item #	Size	Performance	Price
7321**	2.75" x 9.75"	Light	\$7.00

 **FitRight® Active Male Guard** **5051** \$16.00
 1 pack of 52
1229 \$50.00
 1 case of 208
 Guards have a soft breathable back sheet for increased comfort and discretion. Adhesive backing.

 **FitRight® Light Bladder Pad** **4397**** \$8.00
 3.5" x 9"
 1 pack of 20
 Individually wrapped
 Absorbent core locks away moisture to keep skin dry. Full-length adhesive strip on back side secures positioning. Full-length adhesive strip.

Pantyliner **1732** \$6.00
 Compares to Always®.
 7" long
 40 count

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Disposable Underwear



FitRight® Disposable Underwear

Pull-up style with stretchy waistband and leg gathers. Tear-away sides for easy removal. Latex-free.

Item #	Product	Performance	Count	Price
2236**	FitRight® Ultra	Heavy	Pack of 20	\$17.00
2242**	FitRight® Ultra	Heavy	Case of 80	\$60.00
2788**	FitRight® Super	Maximum	Pack of 20	\$19.00
2247**	FitRight® Super	Maximum	Case of 80	\$65.00

Specify Size when ordering.

Size	Waist Size	Size	Waist Size	Size	Waist Size
M	28" – 40"	L	40" – 56"	XL	56" – 68"



Disposable Underwear—Ultra Absorbency—Size Small

Fits waist size 20"–28".

3795** \$20.00

1 pack of 22

5475** \$70.00

1 case of 88



Disposable Underwear—Heavy Absorbency—Size XXL

Fits waist size 68"–80".

3259** \$22.00

1 pack of 20

6495** \$75.00

1 case of 80



FitRight® Disposable Underwear for Men or Women

Made specifically for men (gray) or women (beige), with a different shape and absorbency designed for the comfort, discretion and leak protection of each gender.



Item #	Product	Performance	Count	Price
4422**	FitRight® for Men	Heavy	Pack of 20	\$18.00
4436**	FitRight® for Men	Heavy	Case of 80	\$68.00
4677**	FitRight® for Women	Heavy	Pack of 20	\$18.00
4692**	FitRight® for Women	Heavy	Case of 80	\$68.00

Specify Size when ordering.

Size	Waist Size	Size	Waist Size
SM / MD	28" – 40"	LG / XL	40" – 56"

Personal Cleansing Cloths



Wipes

All wipes are 8" x 12", hypoallergenic, pH-balanced and alcohol-free. Limit 10

Item #	Product	Count	Flushable	Scented	Price
7052	FitRight® Aloe	48	No	Yes	\$4.00
7076	FitRight® Aloe	100	No	Yes	\$8.00
5761	FitRight® Aloe	100	No	No	\$8.00
4040	FitRight® Aloe Quilted	48	No	No	\$5.00
1495	ReadyFlush® Select	48	Yes	Yes	\$8.00

Underpads



Reusable Underpad

Waterproof bottom layer helps prevent leakage. Machine washable.

7313** \$15.00 Limit 15

34" x 36"

7319** \$20.00 Limit 15

34" x 48"



Protection Plus Polymer Underpads

Disposable underpads feature polymer and fluff core that provides extra absorbency. Latex-free.

Item #	Size	Performance	Count	Price
1238**	23" x 36"	Standard	Pack of 10	\$5.00
7371**	23" x 36"	Standard	Case of 150	\$45.00
1247**	30" x 30"	Premium	Pack of 10	\$6.00
7399**	30" x 30"	Premium	Case of 90	\$45.00



Washable Brief

Reusable. Wears like regular underwear. Pulls moisture away. Men's brief has functional fly. Holds 4 oz. of liquid. 100% cotton. USA Made.

2172 \$19.00

1 Women's brief

2240 \$19.00

1 Men's brief



Specify Size when ordering.

Women's Brief

Size	Waist Size	Men's Brief Size	Waist Size
S	22" – 25"	S	30" – 33"
M	26" – 29"	M	34" – 36"
L	30" – 33"	L	37" – 40"
XL	34" – 36"	XL	41" – 45"
XXL	37" – 40"	XXL	46" – 52"

Bath Safety

Shower & Tub Aids



Shower Safety Benches

Aluminum frame. No tools needed; some assembly required. Seat height adjustable from 16" to 21". Weight capacity: 350 lbs.

2304 \$65.00 Limit 2

Bench with back 1 YEAR

2320 \$55.00 Limit 2

Bench without back 1 YEAR



Adjustable Transfer Bench

Converts for left or right entry. Weight capacity: 350 lbs. Overall dimensions: 30.5"W x 23"D. Seat dimensions: 26.25"L x 16.25"D.

2804 \$85.00 Limit 2



One-Year Limited Warranty

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Shower & Tub Aids (continued)



Handheld Shower 3264 \$27.00 Limit 2

Handheld shower head with 6.5-ft. long hose. Some assembly required.

 Do not over-tighten.



Tub Safety Bar 2334 \$45.00 Limit 2

Durable steel bar attaches to tub side. Attaches to tubs up to 6.25" wide. Fits most standard bathtubs. Weight capacity: 250 lbs.



Bath Mat 2345 \$18.00 Limit 2

Textured rubber top provides a safe grip for your feet. 13.4" x 29". Color: White.

1 mat



Tub and Stair Safety Treads 2298 \$8.00 Limit 10

Waterproof and non-slip. Sticks to most surfaces: tubs, stairs, stools and more. Mildew resistant; easy to clean. Color: White.

8 count

Toilet Aids



Raised Toilet Seat 2359 \$23.00 Limit 2

Fits most toilets 11"-14" long. Raises height by 5". Easy to clean. Weight capacity: 250 lbs. Remove original toilet seat before installing.

 Recommended for use with Toilet Safety Rails (below).



Toilet Safety Rails 2377 \$40.00 Limit 2

Padded side arms adjust from 18"-24" wide; rails adjust from 26"-31" high. Easy-to-clean, aluminum frame. Weight capacity: 300 lbs.



Locking Raised Toilet Seat with Arms 2692 \$55.00 Limit 2

Raises seat height 5" above the toilet. Padded foam arms. Fits most toilets 11"-14" long. Weight capacity: 350 lbs. Remove original toilet seat before installing.

Using Your OTC Account

- Orders must total \$30 or more.
- As a health plan member, you may shop from the **catalog, website, or app.**
- Only plan members may use the products.
- There is no cost for taxes or shipping.
- Delivery takes 2 to 3 business days in the continental U.S. For Hawaii, delivery takes 3 to 4 business days.
- Unused credits cannot be redeemed for cash.
- If your account balance doesn't cover your total, you can still order. Send a check or money order for the extra amount. Make it out to FirstLine Benefits.

Return Policy

The products are personal. For this reason, we don't allow returns or exchanges. Please call FirstLine Benefits™ within **30 days** of placing your order if:

- You haven't received your order.
- You received a defective or damaged item.

Note:

- Items may have quantity limits.
- Prices are subject to change.
- If your item is not in stock, an item of similar or greater value may be shipped in its place.

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FirstLine Benefits™ brings you this OTC benefit
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