



# THE BENEFITS OF LSC

At LSC Communications, we recognize that our employees value different things based on their individual and family's needs and provide a variety of benefit programs to meet those needs.



## PHYSICAL

- + Medical (free in-network preventive care)
- + Dental (free checkups)
- + Vision and hearing
- + Wellness programs and discounts
- + Tobacco-cessation support (free if enrolled in Medical)
- + ConsumerMedical (free, confidential help making any health care decision)
- + Supplemental health care (hospital indemnity and critical illness & accident)



## FINANCIAL

- + 401(k) with company match\*
- + Health Savings Account (HSA) – triple-tax advantages
- + Flexible Spending Accounts (FSAs) – Health Care and Dependent Care
- + Disability coverage
- + Life and accident insurance
- + Adoption assistance
- + Commuter benefit (save on public transit and parking)



## EMOTIONAL

- + Employee Assistance Program (EAP) – confidential support for life's challenges
- + Your Life & Wellness Resource Center (online tools and resources)
- + Help for substance abuse and depression (through Medical)

*\* You are eligible for the 401(k) after one year of service.*

As an LSC employee, you have resources to support your total well-being — so you can **be your best self** at work and home.



**LSC BENEFITS**

Support Your Story