

# **2022 Over-the-Counter Benefit**

Shop covered products with the over-the-counter (OTC) benefit

## Over-the-counter (OTC) benefit

UnitedHealthcare offers its members an over-the-counter (OTC) benefit as part of the AARP Medicare Advantage Walgreens plan. Members get credits to buy covered over-the-counter products like toothpaste, pain relief, vitamins, cough drops and more. It's all included at no cost to the member.

## **How it works**

- 1. Credits are added to the OTC account every quarter.
- 2. Use these credits to buy covered OTC products.
- 3. Credits expire at the end of each quarter or at the end of the year, depending on the plan.

## **Choose how you shop OTC products**



#### Catalog

Simply fill out an order form and mail it in.



#### **Online**

Shop by visiting the website or using the mobile app on a smartphone or tablet.



#### **Phone**

Call and place an order over the phone.

THIS IS A SAMPLE CATALOG. It contains only a partial list of the kinds of items that are covered to purchase with the plan's OTC benefit. For the 2022 plan year, there are hundreds of items available through the catalog, website or mobile app.

## What types of over-the-counter products can you buy?

Items covered by the benefit include many items you use every day.

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Allergy relief tablets

## **Bathroom Safety**

Shower bench
Tub safety treads

## **Braces & Supports**

Back support

Pull-over knee support

### **Canes**

Folding cane

Quad base cane

## Cough, Cold & Flu

Cold & flu medicines

Cough drops

## **Digestive Health**

**Antacids** 

Gas relief

### **Eye & Ear Care**

Eye drops

Ear wax treatment

#### **First Aid**

Bandages

Hand sanitizers

Healing creams

## **Home Tests & Monitoring**

Floor scale

Thermometer

#### Incontinence

Incontinence under garments

Skin cleansers

## **Leg & Foot Care**

Bunion guards

Medicated foot powder

#### **Oral Care**

Denture cleaner

**Toothbrushes** 

Toothpaste

#### **Pain Relief**

**Aspirin** 

Hemorrhoidal ointments

Pain relief gel

#### **Skin Care**

Aloe vera

Sunscreen

Vein healing cream

### **Stop Smoking**

Nicotine gum

Nicotine patches

#### **Vitamins & Supplements**

Calcium

Melatonin

Multivitamins

See the following pages to get more details on the kinds of items that are covered to purchase.

## Allergy



Zyrtec<sup>®</sup> 24 Hour Allergy Relief with 10 mg Cetirizine HCl 30 tablets.



Sudafed PE® Maximum Strength Non-Drowsy Sinus Decongestant 36 tablets.



**Allergy Relief Loratadine\*\*\***Compares to Claritin<sup>®</sup>. 30 tablets, 10 mg.



**Allergy Relief Minitabs** 

Compares to Benadryl® Allergy Ultratab®. 24 minitabs.



## **Bathroom Safety**



**Handheld Shower** 

Handheld shower head with 6.5-ft. long hose. Some assembly required.

Do not over-tighten.



**Shower Safety Bench with Back** 

Aluminum frame. No tools needed; some assembly required.



**Locking Raised Toilet Seat with Arms** 

Raises seat height 5" above the toilet. Padded foam arms.



#### **Braces & Supports**



**Curad® Pull-Over Knee Support** 

Provides moderate compression. Made with latex-free elastic. Measure knee circumference at knee cap with leg straight to size. Available in S, M L, XL or XXL sizes.



#### **Arthritis Gloves**

Mild compression to enhance circulation. Cotton lycra. Measure across the knuckles to size. Available in S, M or L sizes. 1 pair.



**Back Support with Dual Pulley System** 

Metal stays provide added support for lower back and abdomen. Fits comfortably under clothing. Available in S/M, L/XL or XXL sizes.



**Protective Arm Sleeve** 

Mild compression protects fragile skin from everyday scrapes, shearing and bumps. One size fits most. 1 pair.



#### **Canes**



Folding Cane\*\*

Molded contour grip handle. Non-slip rubber tip. Weight capacity: 250 lbs. Black. Height adjusts 32"–36".



Quad Cane - Small Base\*\*

Stable 4-point base. Weight capacity: 300 lbs. Height adjusts 29"-38"



Cane with Offset Handle\*\*

Aluminum with cushion handle and wrist strap. Weight capacity: 300 lbs. Black. Height adjusts 29"–38"



## Cough, Cold & Flu



Vicks<sup>®</sup> DayQuil™ Cold & Flu

May help relieve cold and flu symptoms. Non-drowsy. 24 LiquiCaps™.



Cepacol® Extra Strength Lozenges

Honey-Lemon flavor. 16 lozenges.



**Cough Drops — Sugar-Free** 

Compares to Halls<sup>®</sup>. Black Cherry flavor. 2 packs of 25 drops.



Cold & Flu — Nighttime

Compares to Vicks® Nyquil Cold & Flu. Cherry flavor. 12 fl. oz.



## **Digestive Health**



#### Prilosec OTC™\*\*\*

Acid Reducer, 14 tablets.



#### **Metamucil® Sugar-Free Singles**

For relief of occasional constipation. Orange flavor. 30 individual serving packets.



#### Stomach Relief Bismuth Liquid

Compares to Pepto-Bismol®. 8 fl. oz.



#### Omeprazole Magnesium Acid Reducer\*\*\*

Compares to Prilosec OTC®. 42 capsules.



#### **Extra Strength Antacid Soft Chews**

May help relieve heartburn, sour stomach and acid indigestion. Cherry flavor. 36 chews.



#### Eye & Ear Care



## **Bausch + Lomb Soothe® Lubricant Eye Drops**

Dry eye therapy. Preservative-free. 30 single-use vials. 0.02 fl. oz. each.



## Bausch & Lomb Advanced Eye Relief®

Replenishes tears. 1 fl. oz.



#### **Artificial Tears**

Compares to active ingredients of Visine Tears® Eye Drops. 0.5 fl. oz.



#### **Earwax Treatment Drops**

Compares to Debrox<sup>®</sup>. 0.5 fl. oz.



#### **First Aid**



#### **Neosporin® Ointment**

Infection protection to treat minor cuts, scrapes and burns. 1 oz.



#### **Curad® Variety Pack Bandages**

20 Waterproof, 50 Flex-Fabric<sup>™</sup>, 60 Plastic, 60 Sheer, 10 XL Flex-Fabric™. Assorted sizes, 200 count.



#### **Band-Aid® Brand Bandages**

Flexible fabric adhesive bandages. All one size, 100 count.



#### Ben's® Tick & Insect Repellent

Repels mosquitoes for up to 10 hours. 30% DEET. 3.4 fl. oz. pump.



#### **Powder-free Synthetic Exam Glove**

Powder-free, latex-free, stretch vinyl gloves.



#### Isopropyl Alcohol\*\*\*

70% isopropyl alcohol. First aid antiseptic.

Cannot ship to Hawaii or P.O. boxes.



#### **Home Tests & Monitoring**



#### Garmin® Vivosmart® 4 Watch

Smart Device with Daily Fitness and Wellness Monitoring. Safe for use in shower or swimming. Compatible with smart phones. More information available online.

① Cannot ship to Hawaii or P.O. boxes.



#### **CPAP Pillow with Memory Foam**

May help provide comfortable and effective use of CPAP breathing equipment while sleeping.



#### **Urinary Tract Infection At-Home Test**

Clinically tested. Results in 2 minutes. 3 count.



## **Electric Heating Pad**

Auto shut off. 12" x 24".





#### **No Touch Thermometer**

Infrared technology measures temperature near forehead. Backlit LCD screen.

• Cannot ship to Hawaii or P.O. boxes.



#### **Talking Digital Floor Scale\*\*\*\***

Speaks in English and Spanish. Platform size: 14.5" x 113/4". 400 lb. capacity.



#### **Incontinence**



## FitRight® Aloe Wipes

Hypoallergenic, pH-balanced and alcohol-free. Scented; non-flushable. 8" x 12", 100 count.



## FitRight® Disposable Underwear for Women\*\*

Made specifically for women with a shape and absorbency designed for comfort, discretion and leak protection. Available in SM/MD and LG/XL sizes. Pack of 20.



#### FitRight® Disposable Brief\*\*

Cloth-like material with odor protection. Wicks fluid away to promote dryness. Moisture indicator. Tab closures. Latex-free. Available in S, M, R, L, XL or XXL sizes. 1 case of 80.



Poise® Pads

Moderate Absorbency. Long Length.



#### Reusable Underpad\*\*

Waterproof bottom layer helps prevent leakage. Machine washable. 34" x 48".





#### Gold Bond® Ultimate Diabetics' Dry Skin Relief Foot Cream

May relieve dry, cracked skin and soothe skin discomfort. Dimethicone 3%, White Petrolatum 30%, 3.4 oz.



#### Jobst<sup>®</sup> Sensifoot<sup>™</sup> Diabetic Socks

Anti-microbial. Made of acrylic, nylon and spandex. Non-constricting and mild compression. 1 pair, Crew Length. Available in S, M, L or XL sizes. Colors: Black or White.



#### Curad<sup>®</sup> Compression Dress Socks 8–15 mmHg

Controlled compression may help circulation and leg fatigue. Over the calf. Available in S, M or L sizes. 1 pair. Color: Black.



#### **Curad<sup>®</sup> Mediplast Wart Pad**

May help with the removal of corns, calluses and warts. Three 2" x 3" cut-to-fit pads.



#### **Plantar Fasciitis Relief Sleeve**

Compression for a gentle, comfortable stretch. Wears comfortably under socks for extra support. Available in S, M, L or XL sizes. 1 sleeve.



## **Toe Straightener**

Cushions, protects and keeps toes in their correct position. One size fits most. 4 pack.

#### **W** Oral Care



#### **Colgate® Sonic Toothbrush**

Sonic action with rubber polisher and cheek and tongue cleaner. Soft bristles. One AA battery included.



**Crest® Toothpaste — Regular Paste** 4.2 oz.



**Super Poligrip® Denture Adhesive** Zinc free. 2.4 oz.



**Biotene® Dry Mouth Oral Rinse** Mint flavor, 16 fl. oz.



Oral-B Glide Pro-Health dental floss, Cool Mint, 40 m, 3 pack 40m, 3 pack.



#### **Polident Denture Cleanser**

Antibacterial daily cleanser. 6 boxes of 40 tablets.

## **Pain Relief & Management**



Tylenol<sup>®</sup> Extra Strength 500 mg Acetaminophen 500 mg. 100 caplets.



MOTRIN® IB Pain Reliever / Fever Reducer Ibuprofen 200 mg. 100 coated caplets.



#### **ActivICE™**

Temporary relief from muscle aches, joint and back pain. 8% menthol. 3 oz. roll-on.

① Cannot ship to Hawaii or P.O. boxes.



#### **Salonpas Lidocaine 4% Gel Patch**

Provides temporary relief from back, neck, shoulder, knee and elbow pain. 6 patches.



#### Ibuprofen 200 mg

Compares to Advil®. 100 coated tablets



#### **Hemorrhoidal Ointment**

Compares to Preparation H<sup>®</sup>. 2 oz.





Remedy® Intensive Enlivaderm™ Serum Moisturizes very dry, calloused skin. Contains 20% Urea and Glycolic Acid. 4 oz.



Remedy® Hydrating Cleanser Paraben-free, 8 oz.



Clearasil® Ultra Rapid Action Pads for Acne Exfoliating pad may help reduce pimple size and redness. Salicylic acid 2%. 90 count.



Neutrogena® Age Shield® Face Oil-Free Sunscreen — SPF 70 3 fl. oz.



Sunscreen Lotion — SPF 50

Compares to Coppertone®. UVA/UVB protection. Water resistant. 8 oz.



Soothe & Cool® Cornstarch Body Powder Absorbs moisture and odor, Talc-free, 14 oz.



**Vein Healing Cream** 

May help diminish the appearance of varicose veins, spider veins and broken capillaries. 4 oz.



**Zinc Oxide Ointment** 

May help protect the skin from minor skin rashes. 20% Zinc Oxide. 16 oz.



One-Year Limited Warranty







**Stop Smoking** 



Nicotine Patch — 21 mg\*

Compares to the active ingredient in Habitrol®. Color: Clear, 14 count.



Nicotine Gum — 4 mg\*

Compares to Nicorette® Mint Gum. 110 count.

## **Vitamins & Supplements**



PreserVision® AREDS+LUTEIN\*

Promotes eye health. 50 softgels.



VitaJoy® Daily D 2000 IU\*

Peach flavor. 120 gummies.



VitaJoy® Melatonin 5 mg\*

Strawberry flavor. 120 gummies.



Sentry Senior 50+ Multivitamin\*

Compares to Centrum<sup>®</sup> Silver<sup>®</sup> Multivitamin. 100 tablets.



Omega-3 Fish Oil 1000 mg<sup>+</sup>

Contains EPA and DHA fatty acids. 90 softgels.



Vitamin C 500 mg Chewable Tablets\*

May provide antioxidant support and immune function support. Orange flavor. 110 tablets.



Probiotic\*

Saccharomyces Boulardii 250 mg. Compares to Florastor®. 50 capsules.



Diabetes Glucose Tablets\*

May help raise low blood sugar. Orange flavor. 50 chewable tablets.

\* Members may purchase this item after discussing item(s) with their physician who recommends the item(s) for a specific condition.

- \*\* Some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your physician before ordering.
- \*\*\* In certain circumstances some items on this page may be covered by the plan, or Original Medicare if you are not enrolled in the plan, and if item is determined to be medically necessary. Please check with your healthcare provider before ordering.
- \*\*\*\* Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.
  - \*Members may order these item(s) after discussing the item(s) with their physician who recommends the item(s) for a specific condition. Debate exists on the merits of these supplements, so it is important that you speak with your doctor before taking supplements, especially if you have a serious medical condition. These statements have not been evaluated by the Food and Drug Administration.



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